



The Østgarðr E-Horse

Dysclaymer:

This is the Second Quarterly 2025 issue of the *E-Horse*, a publication of the Ancient and Honorable Crown Province of Østgarðr of the Society for Creative Anachronism (SCA), Inc.

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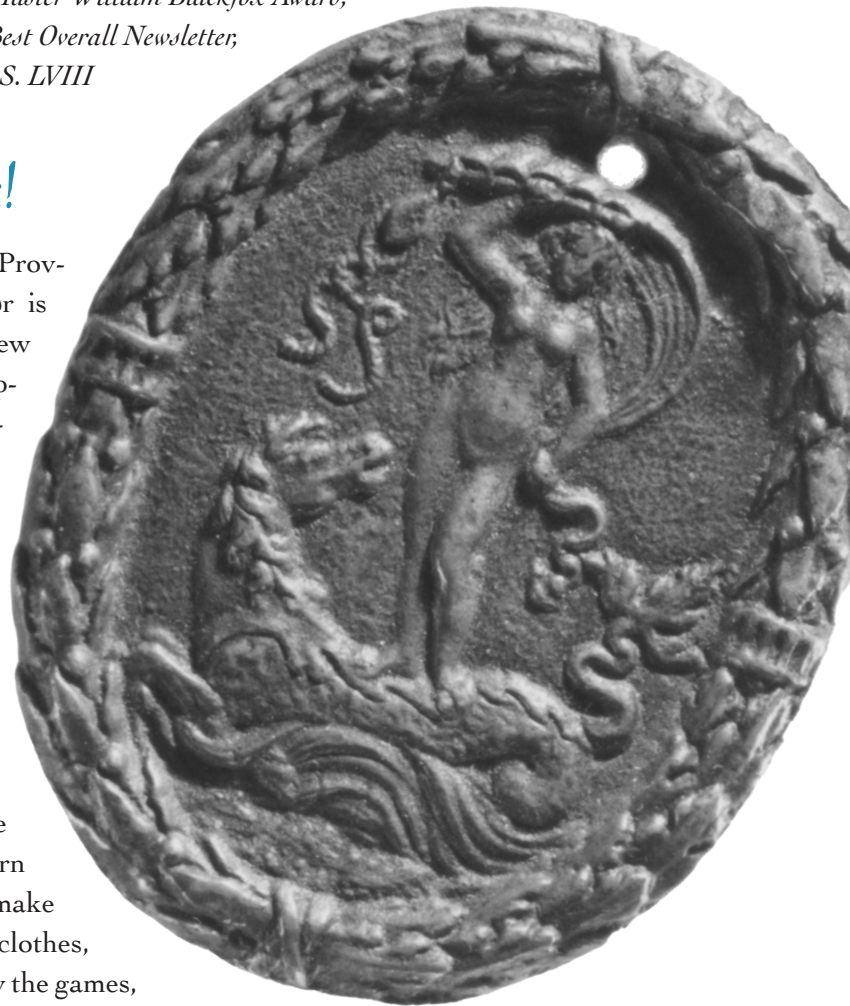


*Master William Blackfox Award,
Best Overall Newsletter,
A.S. LVIII*

Welcome!

The Crown Province of Østgarðr is the greater New York City chapter of the Society for Creative Anachronism, a non-profit educational and social organization dedicated to re-creating aspects of world cultures before 1600 CE. We learn about the past, make and wear the clothes, eat the food, play the games, create the art, perform the music and dances, and so much more.

Østgarðr is part of the East Kingdom and has several cantons, or sub-chapters: Brokenbridge (Brooklyn), Appleholm (Manhattan), Lions End (Nassau County), Northpass (Westchester and Putnam Counties), Old Stonebridges (Rockland County), and Midland Vale (Sullivan and Orange Counties).



Upcoming Events

**Check for health and safety guidelines in place for in-person events on each event page.*

•In the Ætherium• •In the flesh•
•In the Realms of Østgarðr•

•ÆS• •Martial Arts• •Bardic Arts•

Royal Progress 🏰

Jun 1	Scribal Day	Crown Province of Østgarðr (Queens, NY)		
Jun 2	Northpass Business Meeting	Ætherial Northpass		
Jun 3	East Kingdom Curia 🏰	Ætherial East Kingdom		
Jun 6–8	Huginn & Muninn's Viking Camp III	Riding of Ravensbridge (Leeds, ME)		
Jun 7	Annual Living History Demo at Farmingdale	Canton of Lions End (Farmingdale, NY)		
Jun 7	Beast of the East III – The Beast is on the Move 🏰	Canton of Midland Vale (Warwick, NY)		
Jun 7	Dragonship Haven supports the Middletown PrideFEST!	Barony of Dragonship Haven (Middletown, CT)		
Jun 9	Lions End Ætherial Commons	Ætherial Lions End		
Jun 11	Cocktails with the Vicereines	Ætherial Østgarðr		
Jun 12–15	Les Beltaines XXXVII 🏰	Barony of Havre des Glaces (Saint-Mathieu-du-Parc, QC)		
Jun 18	Østgarðr Provincial Commons & Social	Ætherial Østgarðr		
Jun 21	Opening of the Inne at Coldwood	Shire of Coldwood (Peru, NY)		
Jun 21	Potted Arms and Fancy Faire	Canton of Hawke's Reache (Huntington, NY)		
Jun 22	A Summer Sampler	Barony of Buckland Cross (Langhorne, PA)		
Jun 22	Wheaton Village Fantasy Faire Demo	Shire of Barren Sands (Millville, NJ)		
Jun 22	Sunday Solar – Garb Session	Canton of Northpass (New Rochelle, NY)		
Jun 27–29	Northern Region Warcamp 🏰	Shire of Glenn Linn (Greenwich, NY)		
Jun 27–29	Huginn & Muninn's Viking Camp III	Riding of Ravensbridge (Leeds, ME)		
Jun 27–29	Ruantallan Baronial War Camp 2025: Back to Basics	Barony of Ruantallan (Great Village, NS)		
Jun 28	Baronial Birthday, Barony Beyond the Mountain	Barony Beyond the Mountain (South Windsor, CT)		
Jul 7	Northpass Business Meeting	Ætherial Northpass		
Jul 10–13	Great Northeastern War XXXVII 🏰	Province of Malagentia (Hebron, ME)		
Jul 12	May-Be (I'll Try Something New)	Barony of Iron Bog (Pilesgrove, NJ)		
Jul 14	Lions End Ætherial Commons	Ætherial Lions End		
Jul 16	Østgarðr Provincial Commons & Social	Ætherial Østgarðr		

Jul 19	Novice Day	Shire of Rusted Woodlands (Newton, NJ)	
Jul 25– Aug 10	Pennsic War LII 👑	Kingdom of Æthelmearc (Slippery Rock, PA)	
Jul 28	Appleholm Commons	Ætherial Appleholm	
Aug 4	Northpass Business Meeting	Ætherial Northpass	
Aug 11	Lions End Ætherial Commons	Ætherial Lions End	
Aug 20	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Aug 23	C is for Creative	Shire of Eisental (Nazareth, PA)	
Sep 1	Northpass Business Meeting	Ætherial Northpass	
Sep 6	Falling Leaves & East Kingdom Equestrian Championships 👑	Barony of Carolingia (Westford, MA)	
Sep 8	Lions End Ætherial Commons	Ætherial Lions End	
Sep 14	Battle of the Bairns	Shire of Hadchester (Union, ME)	
Sep 17	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Sep 20–21	Brennan and Caoilfhionn's Ducal Challenges & Settmour Swamp Day of Champions 👑	Barony of Settmour Swamp (Budd Lake, NJ)	
Sep 27	River War XIII	Barony of Iron Bog (Mullica Hill, NJ)	
Oct 6	Northpass Business Meeting	Ætherial Northpass	
Oct 10–12	Ghosts, Ghouls, and Goblins	Barony of Carillion (Manalapan, NJ)	
Oct 11	Tournament of the Fallen Stag	Shire of Caer Adamant (Newark, DE)	
Oct 13	Lions End Ætherial Commons	Ætherial Lions End	
Oct 15	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Oct 27	Appleholm Commons	Ætherial Appleholm	
Nov 8	Artifacts of a Life VI	Barony Beyond the Mountain (South Windsor, CT)	
Nov 8	The Inn of the White Cat	Shire of Owlsherst (Mechanicsburg, PA)	
Nov 22	100 Minutes War	Shire of Rusted Woodlands (Sparta, NJ)	
Nov 29	Harts & Horns	Shire of Hartshorn-dale (Douglassville, PA)	
Feb 21, 2026	Settmour Swamp presents a Venetian Carnevale	Barony of Settmour Swamp (Edison, NJ)	



Ars & Schola

[Contact your Minister of Arts and Sciences](#) for information on upcoming workshops and events.

Are you working on something amazing? [Let your Chronicler know!](#)

From Imu to Table

The Story of Kalua Pork in Hawai'i

Anonymous

Kalua pork is one of the most well-known dishes in Hawaiian cuisine with a history that traces back to the islands' earliest settlers. The word *kalua* refers to a traditional cooking method where meat, usually pork, is slow-cooked in an underground oven called an *imu*. This technique was brought to Hawai'i by Polynesian voyagers and has been used for centuries to prepare food for large gatherings.

An imu is created by digging a pit in the ground, lining it with heated lava rocks, and covering the rocks with ti or taro leaves. A whole pig is placed inside, wrapped in more leaves, and buried for several hours. As it cooks, the meat absorbs a deep smoky flavor and becomes incredibly tender. This cooking method was not only practical but also an important part of Hawaiian celebrations and communal meals.

While imu cooking is still practiced today for special occasions, it is no longer the only way to prepare kalua pork. Many home cooks now use ovens, slow cookers, or pressure cookers to recreate the dish more easily. Some recipes include ingredients like Hawaiian sea salt and liquid smoke to help replicate the traditional flavor.

Despite these modern adaptations, kalua pork remains a staple of Hawaiian cuisine and an essential dish at

luaus and family gatherings.

—

A recipe for kalua pork, based on traditional methods but adapted for the modern home cook, follows.

Ingredients:

- 4–5 lbs. pork shoulder and pork butt*
- 2 tbsp Hawaiian sea salt (or coarse sea salt)
- 2 tbsp liquid smoke
- 2 tbsp of soy sauce
- 2–3 fresh or frozen banana leaves (rinsed and thawed)**

Instructions for Instant Pot:

1. Rub the pork pieces with Hawaiian salt, making sure to coat them evenly. Pour the liquid smoke and soy sauce over the meat and rub it in.
2. Lay banana leaves inside the Instant Pot, covering the bottom and sides. Place the seasoned pork on top of the leaves.
3. Cover the pork with more banana leaves, tucking them around



the meat to help seal in moisture and flavor.

4. Secure the lid and set the Instant Pot to Pressure Cook (Manual) on High for 2 hours. Let the pressure naturally release for 30 minutes before manually releasing any

remaining pressure.

5. Carefully remove the banana leaves and transfer the pork to a large bowl. Shred it with two forks and then mix it back into the drippings in the pot.
6. Add more salt, soy sauce, and liquid smoke to taste if needed. Enjoy!

Alternative Cooking Methods:

- **Oven (Roasting Pan)** Wrap the pork in banana leaves, then tightly in foil, and place in a roasting pan. Cook at 250°F for 6 hours until tender.
- **Oven (Dutch Oven)** Place the banana leaf-wrapped pork in a Dutch oven with the lid on (no foil) and cook at 250°F for 6 hours.
- **Slow Cooker** Place the banana leaf-wrapped pork in the slow cooker and cook on low for 6–8 hours.

* You will want to use a mix of fatty and lean meat for the most robust flavor.

** Frozen banana leaves can often be found in the freezer section of many Asian grocery stores.

New Østgarðr Arts & Sciences' Champion Selected

Viceréinas Sofya Gianetta di Trieste and Angelica di Nova Lipa

At Lions End Schola: Pride of Lions in AS LX a contest was held for Viceréina Angelica di Nova Lipa and Viceréina Sofya Gianetta di Trieste to select a new Champion of Arts and Sciences.

Competing were Nagashima Ichiro Ujimichi with his Sephardic stew; Galiena the Small with nâl-

binded Hedeby bag; Emma of Appleholm with tablet weaving; Fransiskus vande Dale with a handmade cloak with handmade buttons and loops, chainmail, rope, and leathercrafts; Helena with garb and block printing; Vitasha Ivanova Doch' with her non-alcoholic beverages; Bróccín MacIvyr with a collection of pewter castings; Aislinn Chiabach with a selection

of wordsmithing projects, including a new poem in Chaucer's rhyme royale.

Displaying was Angelica di Nova Lipa with articles of block printing and tools, as well as biscotti made following a transcription of a recipe found in *Opera dell'arte di cucinare* by Scappi (1570).

At the end of the day, their Excellencies selected

Bróccín MacIvyr as Their Champion.

Their Excellencies Angelica and Sofya thank the Canton of Lions End for hosting Østgarðr's Arts and Sciences competition, and an excellent schola. Special thanks to first-time Event Steward Éile Hrafnisdóttir whose persistence, work, and skills ensured the schola's success. Thanks as well to retiring Arts and Sciences Champion Arnora Ketilsdottir for creating an excellent structure for the competition.



Aislinn Chiabach in Concordia of the Snows' Champion's Baldric of Arts & Sciences

The Perfect Lemon

By Baroness Aislinn Chiabach

My inspiration for this poem came from the Viceréines Østgarðr. Throughout Their reign they have been searching for the Perfect Lemon. This prompted me to compose my first independent poem, separate from an award document, colloquially known as scrolls.

Seeking a poetry format I was familiar with I turned to Chaucer's *Rhyme Royale*.

I entered this poem in Østgarðr's A&S Championship but did not prevail. The following weekend, I recognized that it fit the theme of the Concordian A&S Championship, "challenge yourself", perfectly, so I entered. I was victorious!

Thus do I present my award-winning poem.

Key:
Rhyme Royale
ABABBCC

Right: Lemon detail of a scroll by Voevoda Lada Monguligin, watercolor and gouache

The gracious Viceréines have said they wished

To find the perfect lemon, without par

Having heard of a quest so distinguished

Though I'm but recently joined from afar

Admiring the citrus loving ardor

Seeking an ideal, as is set and weighed

But, In lieu of LEMON let's share lovely ade

This Search is bequeathed with humor soft Kissed.

Pursuit of an impossibly high bar

Is surpassed when there is fruit to be squished

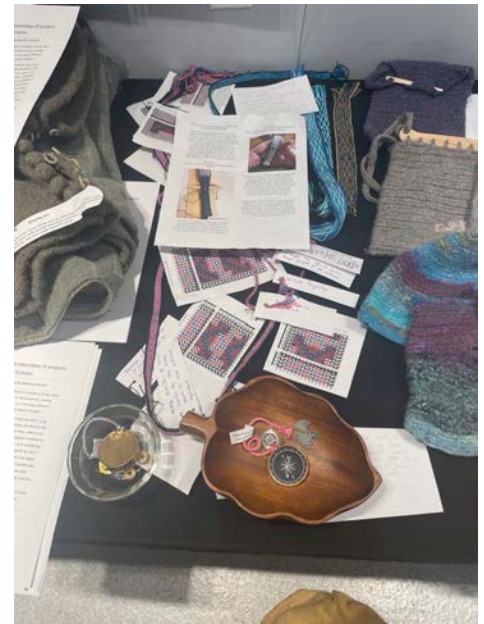
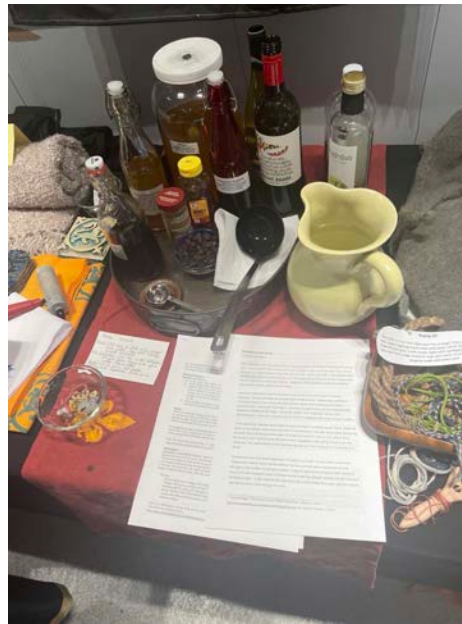
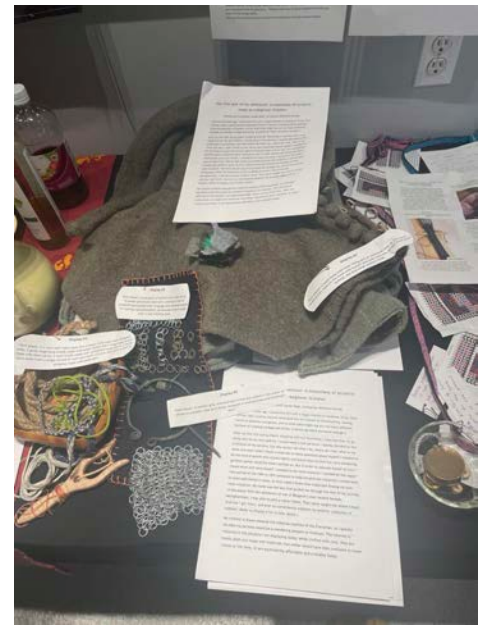
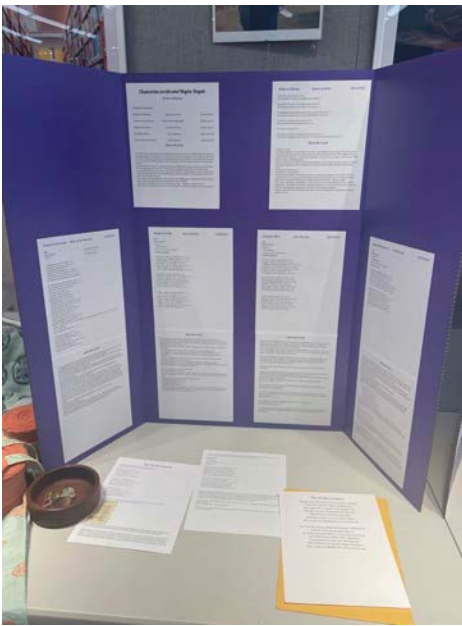
Let making juice add to this repertoire

Community becomes the shining star!

The perfect fruit may be singly displayed

But, In lieu of LEMON let's share lovely ade





On this page: photos of A&S Championship Entries at Lions End Schola:
Pride of Lions by Maestra Sofya Gianetta di Trieste

Top, left to right: **Aislinn Chiabach** with a selection of wordsmithing projects, including a new poem in Chaucer's rhyme royale, **Bróccín MacIvyr** with a collection of pewter castings, **Fransiskus vande Dale** with a handmade cloak with handmade buttons and loops, chainmail, rope, and leathercrafts

Middle, left to right: **Helena** with garb and block printing, **Vitasha Ivanova Doch'** with her non-alcoholic beverages, **Emma of Appleholm** with tablet weaving

Bottom: **Galiena the Small** with nálbinded Hedeby bag



Vyllage Square

Welcome to the Vyllage Square: your space to chat about what's new (or old—we are the SCA), cool, exciting, funny, intriguing, thought-provoking, puzzling...anything you think other people in the Province should know. Have something to say? Share it with your [Chronicler](#)!

The Østgarðr E-Horse Wins William Blackfox Award for Best Overall Newsletter, AS LVIII

Much rejoicing followed the news this past month that *The Østgarðr E-Horse* was nominated for and won the William Blackfox Award for Best Overall Newsletter for AS LVIII (2023–4). I know, because I was doing much of the rejoicing.

The William Blackfox Awards are given annually in honor of Master William Blackfox, celebrated Antseorran Warthaven cartoonist and eminent figure of the early SCA. All non-kingdom-level newsletters in the Knowne Worlde are

eligible to be nominated by their Kingdom Chroniclers for one of eight award categories each year. Each category has a winner and a commendation, adding up to hundreds of newsletters competing for just sixteen possible awards.

In other words, no

small feat!

Last year, we won the Commendation for Best Overall Newsletter, so this year I

Vivant! To all who helped the E-Horse become the Best Overall Newsletter of AS 58

am extra proud to have won this category. The East King-

dom, in fact, made an excellent showing, winning two categories and one commendation: congrats to our An Dubhaigeainnian counterpart *The Viaduct* for Best Layout and Design, and to Mis-

tress Alayne Alexandra Nyvern Nightwatcher of Nordenhalle for her Commendation for Best Cover Art for a Kingdom Newsletter.

One person does not a newsletter make. Each quarter, the *E-Horse* represents the work of many,



many people—an entire Province worth: if you all weren't doing anything, the *E-Horse* would have nothing to say. So thank you all and *vivant*, for allowing me to steward the Best Overall Newsletter in the Knowne Worlde.

Special shoutout, as always, to **Mathghamhain Ua Ruadháin**, for his quick proofreading and for putting up with my most unhinged emails.

Let's do it again.

In Service,
Your Chronicler
Lady Zahra de Andaluzia, Østgarðr

P.S. Now send me your stuff for the *E-Horse*!



The Battle of Cagayan (1582)

A Clash of Cultures and Steel in the Far East

by Lord Albrecht Anker



In the late 16th century, far from the castles and cathedrals of Europe, a remarkable battle unfolded in the islands of Southeast Asia one that bore all the hallmarks of a medieval melee, yet took place amidst gunpowder, galleons, and global exploration. This was the Battle of Cagayan, fought in 1582 in what is now the northern Philippines.

Background: Spain in the East

By the 1570s, the Spanish Empire had extended its colonial grasp into the Philippine archipelago, bringing with it Christianity, fortified settlements, and European-style warfare. The Spanish presence disrupted long-established

trading patterns across the South China Sea and drew the ire of numerous regional powers, including Chinese pirates, known collectively as *wokou*. These pirates, often comprising Chinese, Japanese, and even some Malay or European adventurers, preyed on coastal settlements and rival ships with brutal efficiency. To debunk the common

myth that this force involved samurai, there might have been some, but not a sizeable force and probably not in this battle. Through the years this battle has been romanticized to involve samurai.

In 1582, a flotilla of Spanish ships under Captain Juan Pablo de Carrión sailed north to investigate and suppress pirate activity in the prov-

ince of Cagayan on the island of Luzon.

The Battle Unfolds

What followed was a series of skirmishes and a climactic confrontation between a small force of Spanish soldiers and a significantly larger contingent of pirates. Sources suggest that the pirates may have numbered

up to 1,000 men, traveling aboard 18 large Chinese-style junks, while Carrión commanded only 60 to 70 soldiers, supported by a few hundred native auxiliaries and a handful of ships likely including a galleon and smaller oared vessels.

The battle took place near the mouth of the Cagayan River. As the pirate junks attempted to enter the river, Carrión's forces blocked their way. Over several days, the Spaniards fended off assaults by sword, spear, and arquebus. Spanish soldiers, clad in mail or leather armor and wielding steel swords and halberds, faced enemies armed with katanas, bows, muskets, and firebombs. The fighting was hand-to-hand, brutal, and chaotic, reminiscent of European medieval com-

bat but flavored with East Asian weapons and tactics.

Tactics and Technology

Despite being outnumbered, the Spanish relied on superior discipline, armor, and tactics honed from their long experience in European wars. The use of pike formations and coordinated volleys of musket fire proved decisive in repelling boarding attempts and land assaults. Spanish cannons and shipboard swivel guns

(*esmeriles*) shredded the pirate vessels at close range.

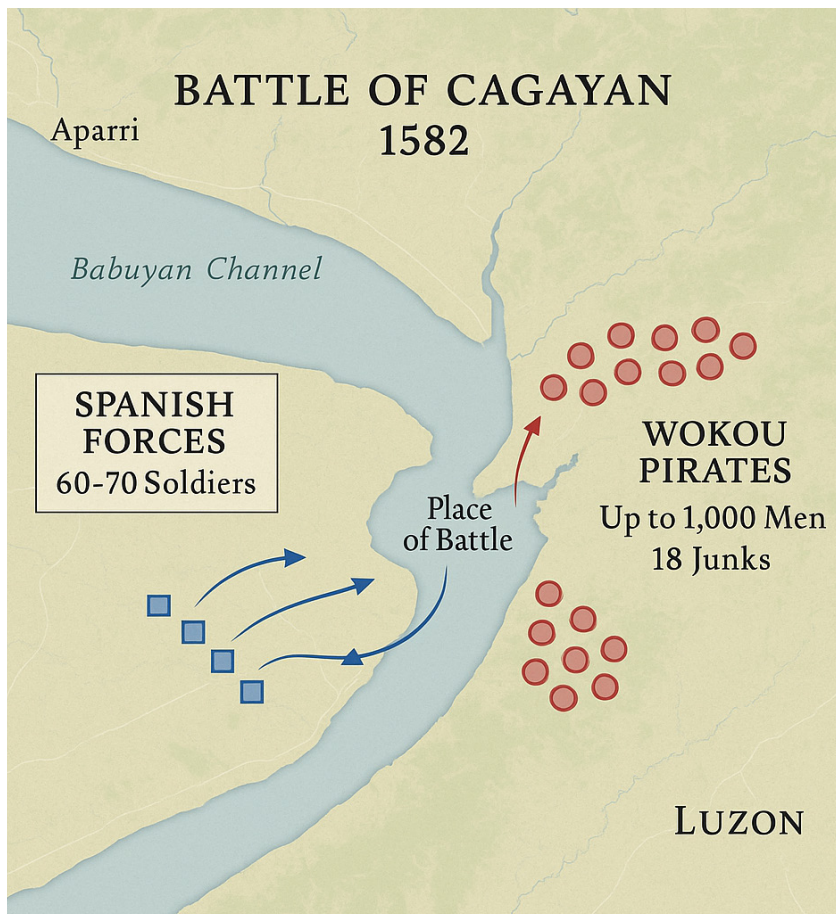
The *wokou*, for all their num-

It highlighted the reach of early globalization, where European medieval tactics met Asian martial traditions far from either homeland.

This battle is especially notable for its unique blend of late-medieval combat within a tropical colonial setting, demonstrating

how the medieval style of warfare had not yet disappeared in the age of sail and gunpowder.

Though often forgotten in Western histories, Cagayan stands as a testament to the diverse and turbulent nature of 16th-century warfare outside of Europe.



bers and ferocity, lacked centralized command and were vulnerable to counterattacks. After several failed assaults and heavy casualties, they were routed. Some ships were burned or captured, and survivors were either killed or fled into the jungle.

Aftermath and Legacy

The Battle of Cagayan was a decisive Spanish victory and marked one of the few recorded land and naval engagements in Southeast Asia where European-style troops fought Asian pirates in direct melee combat.



Regnum

Herein Listed are the Officers of Østgarðr:

Viceréina	Lady Angelica di Nova Lipa	Knight Marshal	Lord Albrecht Anker
Viceréina	Maestra Sofya Gianetta di Trieste	Archery Captain	Baron Suuder Saran
Seneschal	Lord Ragnarr Bliskegg	Fencing Marshal	Lord Alexander MacLachlan
Deputy Seneschal	Baron Suuder Saran Lady Kunigunde Wedemann	Youth Combat Marshal	Lady Arnora Ketilsdottir
Exchequer	Lady Teodora Ivanić	Minister of Lists	Lord Ivarr Valsson
Deputy Exchequer	Lord Francisco de Braga	Webminister	Lord Antonius Gracchus, called Twyg
Chatelaine	Armiger Catelin Straquhin	Chronicler	Lady Zahra de Andaluzia
Chancellor Minor	Lady Pia Maletesta d'Rimini	Social Media Officer	Voevoda Lada Monguligin
Minister of Arts & Sciences	Lord Brandr Aronsson	Historian	Lord Alfarr Skegglauss

Seneschal of Appleholm	Lorefather Porfinnr Hróðgeirsson
Seneschal of Lions' Ford	Lady Jóra Úlfsdóttir
Seneschal of Northpass	Lady Meadhbh MacPharláin
Seneschal of Midland Vale	Lord Bróccín MacIvyr
Seneschal of Old Stonebridges	Freiherr Matthias von Würzburg

Herein Listed are the Provincial Champions of Østgarðr:

Armored Combat	Perez ben Meir Gerson Effendi	Arts and Sciences	Lord Bróccín MacIvyr
Fencing	Baron Eliyahu al-Tahli, called "Tally"	Bardic	Lord Drustan of Old Stonebridges & Lady Teodora Ivanić
Archery	Lord Ivarr Valsson	Youth Combat	Nova of Østgarðr
Thrown Weapons	Lord Wojtek z Wisny		

