



The Østgarðr E-Horse



Master William Blackfox Award Commendation, Best Overall Newsletter, A.S. LVI

Dysclaymer:

This is the Second Quarterly 2024 issue of the *E-Horse*, a publication of the Ancient and Honorable Crown Province of Østgarðr of the Society for Creative Anachronism (SCA), Inc.

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Welcome!



The Crown Province of Østgarðr is the greater New York City chapter of the Society for Creative Anachronism, a not-for-profit educational and social organization dedicated to re-creating aspects of world cultures before 1600 CE. We read about the period, make and wear the clothes, make and eat the food, make and use the weapons (safely), re-create the art, perform the music, dances, and drama, etc.

Østgarðr is part of the East Kingdom and has several cantons: Brokenbridge (Brooklyn), Appleholm (Manhattan), Lions End (Nassau County), and Northpass (Westchester and Putnam Counties).

Shekel of Tyre with Melqart riding hippocamp, Greek: Late Classical to Early Hellenistic Period, c. 350–310 B.C. from MFA Boston ([Source](#))

Upcoming Events

**Check for health and safety guidelines in place for in-person events on each event page.*

• In the Ætherium • • In the flesh •
• In the Realms of Østgarðr •

• A&S • • Martial Arts • • Bardic & Music •

May 31– Jun 2	Southern Region War Camp	Barony of Carillion (Manalapan, NJ)		
Jun 1	Living History Demo at Farmingdale	Canton of Lions End (Farmingdale, NY)		
Jun 1	Carolingia Rapier Champs	Barony of Carolingia (Framingham, MA)		
Jun 3	Northpass Business Meeting	Ætherial Northpass		
Jun 5	Event Location Committee Meeting	Ætherial Østgarðr		
Jun 8	Armor Repair Day	Barony of Brokenbridge (Brooklyn, NY)		
Jun 8	Consort's and Sovereign's Archery Champions	Shire of Midland Vale (Goshen, NY)		
Jun 10	Lion's End Ætherial Commons	Ætherial Lion's End		
Jun 13–16	Les Beltaines XXXV	Barony of Havre des Glaces (Saint-Mathieu-du-Parc, QC)		
Jun 14–16	Huginn & Muninn's Viking Camp II	Riding of Ravensbridge (Leeds, ME)		
Jun 14–16	War of the Pearls III featuring the Companions of the Rose Tournament	Barony of the Bridge (Charlestown, RI)		
Jun 19	Østgarðr Provincial Commons & Social	Ætherial Østgarðr		
Jun 21–23	Baronial Muster Demo	Barony of Endewearde (Bucksport, ME)		
Jun 21–23	Opening of the Inne	Shire of Coldwood (Peru, NY)		
Jun 22	Novice Day	Shire of Rusted Woodlands (TBD, NJ)		
Jun 22	Potted Arms and Fancy Faire	Canton of Hawke's Reache (Huntington, NY)		
Jun 28–30	Northern Region War Camp AND East Kingdom Royal Equestrian Championships	Shire of Glenn Linn (Greenwich, NY)		
Jun 28– July 1	Ruantallan Baronial War Camp 2024 - A Weekend of Champions	Barony of Ruantallan (Walton, NS)		
Jun 29	A&S Solar	Crown Province of Østgarðr (Brooklyn, NY)		
Jun 29–30	Known World Heraldic and Scribal Symposium	Bailiwick of Iveyinrust (Philadelphia, PA)		
Jul 1	Northpass Business Meeting	Ætherial Northpass		

Jul 4–7	Known World Music and Dance Symposium	Kingdom of the Middle (Danville, IN)			
Jul 6	Blak Rose Schola and Tournament	Shire of Blak Rose (Carlisle, PA)			
Jul 6	Iron Bog Heavy Weapons and Rapier Champion Tournament	Barony of Iron Bog (Pennsauken, NJ)			
Jul 7	Get Ready for SCA Camping!!	Ætherial Østgarðr			
Jul 8	Lion's End Ætherial Commons	Ætherial Lion's End			
Jul 11–14	Great Northeastern War 36	Province of Malagentia (Hebron, ME)			
Jul 13	SCA: C is for Creative	Shire of Eisental (Nazareth, PA)			
Jul 17	Østgarðr Provincial Commons & Social	Ætherial Østgarðr			
Jul 22	Appleholm Commons	Ætherial Appleholm			
Jul 26– Aug 11	The Pennsic War 51	Kingdom of Æthelmarc (Slippery Rock, PA)			
Aug 5	Northpass Business Meeting	Ætherial Northpass			
Aug 12	Lion's End Ætherial Commons	Ætherial Lion's End			
Aug 21	Østgarðr Provincial Commons & Social	Ætherial Østgarðr			
Aug 24	A Day of Champions	Barony of Settmour Swamp (Budd Lake, NJ)			
Aug 24	The First Great Endewardian Horkney	Barony of Endewearde (Corinth, ME)			
Sep 2	Northpass Business Meeting	Ætherial Northpass			
Sep 9	Lion's End Ætherial Commons	Ætherial Lion's End			
Sep 13–15	Harper's Retreat	Barony of Stonemarche (Richmond, NH)			
Sep 18	Østgarðr Provincial Commons & Social	Ætherial Østgarðr			
Sep 21	River Wars	Barony of Iron Bog (Mulica Hill, NJ)			
Sep 27–29	The Merchant of Ruantallan at the Merry Matron Tavern	Barony of Ruantallan (Upper Vaughn, NS)			
Oct 7	Northpass Business Meeting	Ætherial Northpass			
Oct 11–14	Hunter's Moon	Shire of Anglespur (Nassau, NY)			
Oct 12	Food Fiber Forestry and Fun	Shire of Owlsherst (Narvon, PA)			
Oct 14	Lion's End Ætherial Commons	Ætherial Lion's End			
Oct 16	Østgarðr Provincial Commons & Social	Ætherial Østgarðr			
Oct 18–20	The Silver Wyvern Challenge	Barony of Smoking Rocks (Franklin, MA)			
Oct 19–20	Goat's Inn: Any Port in a Storm	Canton of Northpass (Peekskill, NY)			
Oct 19	Knives (and Axes and Spears) Out: A Throwers' Schola	Shire of Anglespur (East Greenbush, NY)			
Oct 25–27	The New Northern Lights A&S Competition and Tir Mara University	Shire of Lyndhaven (Upper Gagetown, NB)			
Oct 28	Appleholm Commons	Ætherial Appleholm			
Nov 9	Bjorn's Ceilidh/Alleged Investiture?	Barony of Concordia of the Snows (Albany, NY)			
Nov 9	Harts and Horns	Barony of Hartshorn-dale (Douglassville, PA)			
Nov 23	100 Minutes' War	Shire of Rusted Woodlands (Sparta, NJ)			
Feb 22, 2025	Ice Weasel 19	Barony of Smoking Rocks (Fall River, MA)			



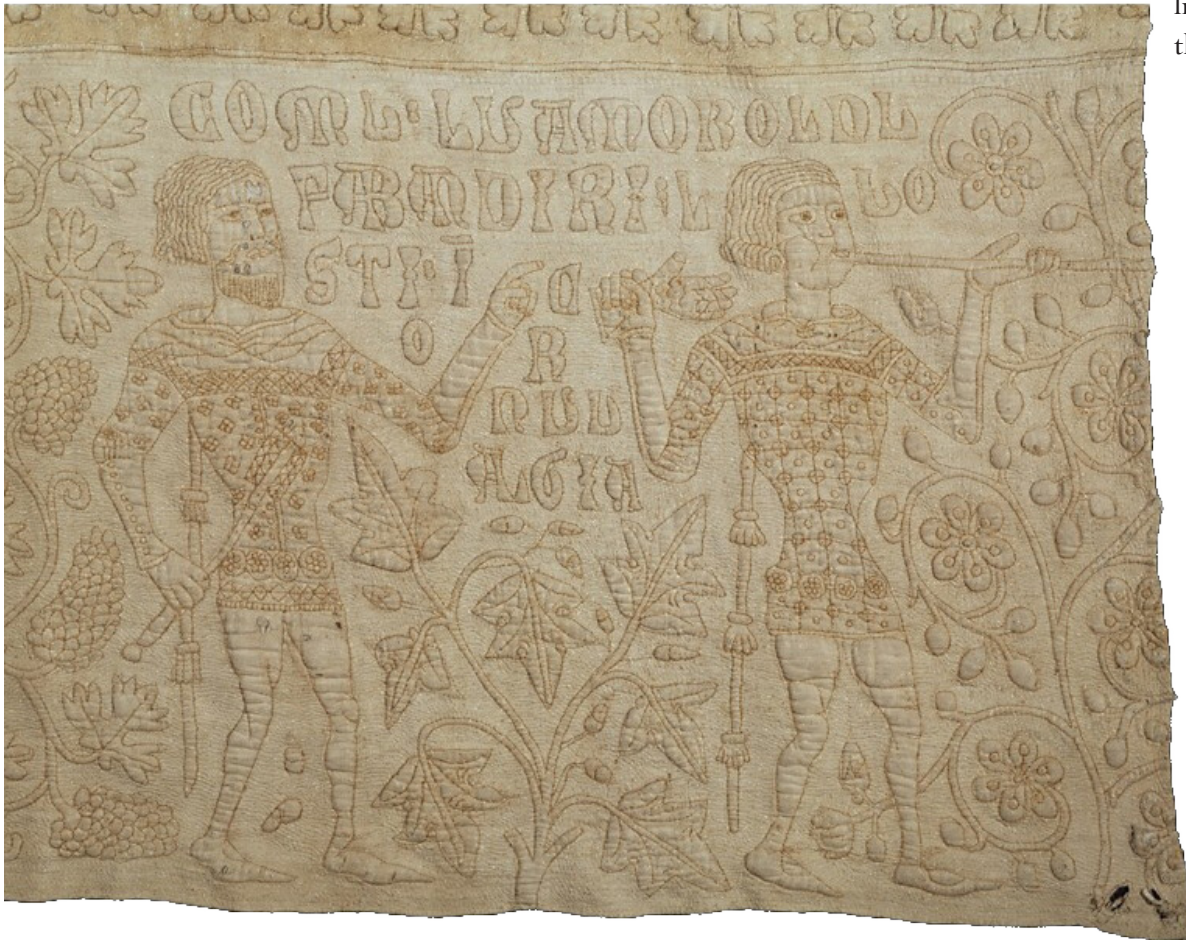
Ars & Schola

[Contact your Minister of Arts and Sciences](#) for information on upcoming workshops and events.

Textile Corner

by H.E. Lady Angelica di Nova Lipa

Teased by the subject of an upcoming Medieval Dress and Textile Society lecture on the Guicciardini Quilt, I sought more information. Also called the Tristan quilt, and created using linen and cotton in the trapunto technique, it turns out to be a true rarity. Wikipedia (which, BTW, subsists financially on donations, so it wouldn't hurt to send them a little money) came to the rescue:



The Tristan Quilt, sometimes called the Tristan and Isolde Quilt or the Guicciardini Quilt, is one of the earliest surviving quilts in the world. Depicting scenes from the story of [Tristan and Isolde](#), an influential romance and tragedy, it was made in Sicily during the second half of the 14th century.

Supersized and you can check Wikipedia for details, the quilt (there are actually three, one of which is in a private collection)

Detail of the Tristan quilt showing a noble and a herald. Le Tristan quilt 1395. 10 : Tristan donnant son gant à Morhoul. ([Source](#)) (Wikipedia)

may have been used as bed coverings, but calcium deposits on the back of at least one of the quilts may indicate that they may also have been used as wall coverings. The outline stitching on the quilts illustrates events in the story of Tristan and Isolde.

Should you be interested in medieval textiles, MEDATS seems a quite lively group. While some of the group activities are live in England, video conference lectures have been scheduled for late morning US Eastern/NY time, and video conference programs are generally taped and available later for private viewing on YouTube. Membership is inexpensive. To learn more about MEDATS see: facebook.com/meddress, or medats.org/uk, where, incidentally, you can also see older newsletters gratis on their website.

The Perfect Lemon (Balm)

by Malthghamhain 'Aa Ruadhain

In my continuing quest to...deliver a perfect lemon to the vicereines of Østgarðr ([see also](#), [and also](#)), I cast around for a reasonably-simple period-esque project and found the inspiration right at my doorstep, in the bounty of my sidewalk garden.

Lemon balm is a citrus-scented member of the mint family, which grows in profusion in the bevy of containers that are home to my tiny greenspace—in fact, it grows so aggressively that I need to cut it back frequently to keep it from crowding out the other showier plants, and it was while I was trimming it that I realized I could put it to a productive use.

I know that mint is frequently used as a flavoring in sekanjabin, a sweet-and-sour syrup widely consumed as a beverage within

the SCA with Persian origins and with precedents found across much of the ancient and medieval world, and it seemed reasonable to me that lemon balm might be used in the same way. Indeed, since oxymel (as sekanjabin-style syrups are called in some cultures) is often considered medicinal, and lemon balm was considered a medicinal plant, the combination seemed natural. (Lemon balm's soothing effects are not just a medieval fantasy, but have been [confirmed by modern studies](#).)

Research

I headed to my desk to do some online research, consulting a range of standard documents as well as prior work in this area by [Aneleda Falconbridge](#), [Giata Magdalena Alberti](#), [Thomasina Coke](#), and [Cariadoc of the Bow](#); I am grateful to each of these individuals for paving the way.

Although flavored oxymels are known to be period, and I was able to find modern recipes and preparations of lemon-balm oxymel, my casual investigation didn't turn up any period recipes for

*What if a lemon could
be not merely a fruit, but
a medicinal salve for the
soul?*

exactly what I had in mind—indeed, even Master Cariadoc was unable to find a period recipe for the ubiquitous mint sekanjabin, relying instead on a [thirteenth-century Andalusian source that includes only vinegar and sugar](#)—but I decided to forge on undaunted.

(There is extensive documentation for a medieval lemon-balm beverage preparation in the form of [Carmelite water](#), but that calls for wine as the carrier rather than a syrup, and the



site at which I was to make this presentation had made clear that absolutely no alcohol was allowed in any form, so I filed this away as an idea for another time.)

For the base proportions of the oxymel, I followed the advice of [Bald's Leechbook](#), an Anglo-Saxon medical text written circa 1040 CE. Because the British Library's digital edition of the surviving manuscript was [knocked offline by a cyber attack](#) more than six months ago, I relied on a Victorian reprint which provides a transcription and translation:

Take of vinegar, one part; of honey, well cleansed, two parts; of water, the fourth part; then seethe down to the third or fourth part of the liquid, and skim the foam and the refuse off continually, until the mixture be fully sodden.

[Leechdoms, Wortcunning, and Starcraft of Early England](#), by Thomas Oswald Cockayne, 1864, page 287.

With this information under my belt, I set to work.

Procedure

I harvested a couple dozen stalks of lemon balm from my garden, clipping the stems above a remaining leaf node to allow the plant to regrow.

Then I prepared my oxymel base, using three cups of raw honey, one and a half cups of apple cider vinegar, and one and a half cups of water. I added these to a tinned pot and gently brought them to a low simmer to begin reducing.



After some time had passed and the syrup had begun reducing in volume, I removed the main stems from the lemon balm, washed the leaves in a few changes of fresh water, and roughly chopped them to encourage the release of their oils, then added them to the pot.

Lastly I added a few subsidiary flavor notes in the form of a small amount of lime zest and a pinch of freshly-ground nutmeg, and allowed the entire concoction to simmer for a just little while longer, stopping when it had reduced in volume by half.

After tasting a sample (diluted with ice) to ensure



it hadn't all gone horribly wrong, I allowed it to cool and then passed it through a sieve, pressing the sodden leaves to extract their remaining elixir. Finally I transferred it in a glass bottle and corked it; then, uncertain as to whether the cork would hold, I waxed the top of the bottle for a bit of extra protection, and requested a descriptive label from the nearest scribe—thanks Alienor!

Typically sekanjabin or oxymel is diluted by about 1:8 in water to drink as a refreshing beverage, although the exact proportions are flexible and folks are encouraged to adjust the ratio to their taste. It can also be drunk warm, or the syrup can be added to other recipes or cocktails anywhere you'd like a sweet, tangy burst of flavor.



Presentation

I presented this bottle to the vice-reines at the Lions Learn Lessons schola, and although they seemed well pleased with the gift...they decided that this was not quite what they had in mind, and sent me out to try again.

Here is my script for the presentation:

As you may know, due to a series of unfortunate events better not discussed, especially here in this canton, I have been given a quest to bring the vicereines a perfect lemon—or face a punishment too awful to contemplate.

Twice now I have tried, and each time I have come up short—and since my neck is on the line, I dare not fail again—so I asked myself, what if I'm going about this the wrong way?

What if the perfect lemon isn't just a physical object, but rather a state of mind?

What if a lemon could be not merely a fruit, but a medicinal salve for the soul?

Might something exist that was simultaneously both a tasty lemon, and

a soothing balm that would tame the savage fury of the vicereines?

A lemon... a balm... That's it—lemon balm!

Period medicine teaches us the value of lemon balm, a member of the mint family, with classical Greek sources saying it "sweetens the spirit," medieval Persian doctors saying that it "makes the heart merry and joyful," and Renaissance alchemists saying that could cure "all complaints [of] a disordered state of the nervous system."

Well that sounds familiar—surely that's exactly what the vicereines need!

Conveniently, my garden is absolutely overrun with lemon balm, which I had planted ten years ago not knowing that it spreads like a weed and is almost impossible to kill.

So I harvested a couple dozen stalks of it and simmered it gently for hours in a mixture of raw honey and apple cider vinegar, following the proportions from an Anglo-Saxon medicinal guide, to make a curative oxymel, which folks in other parts of the world would call a sekanjabin.

So Your Excellencies, just mix a couple of spoonfuls of this with a glass of ice water, or add a splash to a glass of Prosecco for a magical cocktail, and I'm sure you will agree that it is the perfect lemon... balm... syrup.

For the curious, below are the sources for the period descriptions of lemon balm's medicinal uses mentioned above; although these phrases are widely repeated in modern writing about the herb as if they were direct

quotes from historical documents, it's surprisingly difficult to trace them to actual period sources and they are almost certainly paraphrases by later secondary sources.

"Sweetens the spirit": commonly credited to Dioscorides, *De Materia Medica*, 70 CE, although not present in [this translation](#).

"Makes the heart merry and joyful": commonly credited to Ibn Sina, *Canon*

of Medicine, 1025 CE; found in John Gerard, *The Herbal, or General History of Plants*, 1597 CE.

"[Cures] all complaints [of] a disordered state of the nervous system": commonly credited to Paracelsus, early 1500s; found in Sophia Emma Magdalene Grieve, *Modern Herbal*, 1931 CE.

* This article was originally published on the blog [Tyddyn Ystradfflyr](#).



Are you working on something amazing? [Let your Chronicler know!](#) Even if it isn't quite finished yet—you never know who you'll inspire.



Vyllage Square

Welcome to the Vyllage Square: your space to chat about what's new (or old—we are the SCA), cool, exciting, funny, intriguing, thought-provoking, puzzling...anything you think other people in the Province should know. Have something to say? Share it with your [Chronicler](#)!

Fighting and Fencing Practices are now taking place **every Tuesday** at 7:30 PM at McCarren Park in

Williamsburg, Brooklyn. Wear comfortable clothes and bring your gear if you have it; free loaner gear available if not with [advance notice](#) to your marshal. Find us by the tree in the outfield of the third ballpark on Driggs Ave. If you can't see us, listen for the sound of rattan hitting shield or pell.

Then, celebrate Tuesday with us the best way we know how!



Want to be a Deputy?

Each officer of Østgarðr is permitted to appoint a deputy to share duties and/or

take over if needed. Interested in holding office but not entirely sure? Volunteering as someone's deputy is a great way to "learn the ropes" of a particular office you're considering running for in the future. Not only that, but sharing duties helps us all perform at our best and dream bigger—which benefits the Crown Province as a whole.

Interested? Contact the officer whose deputy you'd like to consider or [Their Excellencies](#) the Vicereines of Østgarðr for advice.

Book of Hours, France, Paris, ca. 1500, MS H.5 fol. 20r. (c)Morgan Library ([Source](#))

FIRST
WE FIGHT



THEN WE
TACO

Haiku
(this' and following pages')

by Lady Arnora Ketilsdottir

Pennsic prep begins.

Forgot to dry out my tent.

Welcome to mold city.



De mulieribus claris—c. 1300–1400. ([Source](#))

Want to learn how to shoot a longbow like one of Robin Hood's merry men or Genghis Khan's horseback legions? Join us for our weekly archery practice on Staten Island on Sundays with our Captain of Archers, Suuder Saran. Practices are for both newcomers and experienced archers. If you have your own equipment, please bring it; a limited amount of loaner equipment is also available.

Practice begins at 11:00 AM at a public range in the city park at 1 Eton Place on Staten Island.

Sessions may be canceled for inclement weather or due to conflict with other events, so to be sure that practice is being held in a particular week, either [join our Facebook group](#) or [email our Captain of Archers](#) for confirmation.

thwap thwap thwap thwap thwap
The song of the pell cries out.
It does not fight back.



Silent Heraldry Classes Returning June 19, AS LIV

by Lorita deSiena, Esteem Herald, and Lydia Webbe, Deputy Esteem Herald

Silent heraldry classes will be offered online via Google Meet starting on June 19. This year we are making some major changes to the class format. If you have taken the training classes before, I strongly encourage you to attend again as everything will be new. New folks interested in becoming a sign herald are also always welcome.

The training program is being updated and we are going to focus on teaching you how to use the sign you know to fit within the SCA. If you don't know any sign, fear not! I present to you 5 free resources to get you started! These apps are available both in the Apple store and Google play.

[Lingvago App](#)

[The ASL App](#) (by deaf people)

[Sign School](#)

[ASL Bloom](#)

And Cincinnati State offers Free ASL 1 & 2. They are in between sessions right now but will start a new round soon. Information can be found [here](#).

Take some time to start learning and practicing. When in doubt, focus on fingerspelling. This is one of the most important aspects as Their Majesties summon many people by name and our SCAdian names can be challenging to spell!

If you have any questions, feel free to contact [Lydia Webbe](#), EK Sign Herald Deputy or [Lorita DeSiena](#), Esteem Herald.

I hope to see you all this summer!

(You can also visit the East Kingdom College of Herald's [page on Silent Heraldry](#) for more information and FAQs.)

Herein may be found the most recent thorough, faithful and true Provincial Court Reports,

published originally and Ætherially unto the august blog at digitalherald.org

Provincial Court at Bear's Tavern

On the ninth day of March, Anno Societatis 58, their Excellencies of Østgarðr, the Viceréinas Angelica di Nova Lipa and Sofya Gianetta di Trieste, did venture to the northern woods of their domain to mingle with the commonfolk at Bear's Tavern.

Seeing it well fit and felicitous to bring certain business before the populace, they did determine to hold court in that rustic setting, the proceedings of which I am by my avocation bound to record herein.

First, their Excellencies requested the presence of the tavern's steward, Lord Oliver deBainbrig, and did thank him for making them welcoming, and he in his turn thanked the tavern's guests and staff. The Viceréinas then presented him with a drinking vessel as a token of their appreciation for his service on that day and in many days past—but when passed to his hand, it was heard to jingle and rattle, and upon a moment's examination it was discovered to hold a gleaming chain marked with the insignia of the province's highest honor, the Seaborse! The herald did then call for the representatives of that august order to rise and join Lord Oliver as he was proclaimed the newest member of their esteemed ranks.

Next their Excellencies invited Lady Laurie Anne Parr to join them, and thanked her graciously for leading the team of cooks who had spent the day in the tavern's kitchen, churning out soups and roasts and delectable tidbits—for indeed, it would be a drab tavern that lacked a hearty repast, and a weakened province that failed to provision their populace. Lady Laurie then took her leave, returning to the bustling pantry bearing their gift of a silver cup in recognition of her efforts.

Their Excellencies did then call for members of their council of officers to step forward, presenting them with medallions bearing the branch arms so that both friend and stranger would know them on sight as the Province's official representatives.

Finding a lull in the docket, their herald did then doff his tabard and beg a moment of indulgence for a personal matter. Their Excellencies, clever in the ways of men, sensed the nature of the issue at hand and first invited their anatine cousins, the sister-baronesses of An Dubhaigeainn, to join them in court as witnesses. With a surplus of stilted speechifying, as is too-often the wont of heralds, in earnest fulfillment of a citrine quest he did present two cushions bearing the likeness of the perfect lemon he had

been charged to find. But his flowery words did not move their Excellencies, who appraised the poufs and found them wanting; indeed, observed their noble cousin, perhaps it was not far-off Cathay from whence the false fruits had been procured, but merely the Amazon. Dismayed, the penitent swore

to redouble his efforts in anticipation of their next meeting, and withdrew meekly with praise for their mercy.

There being no other business before them, their Excellencies did therein close their court, and returned to the convivial discourse and intemperate drinking that does characterize such humble venues where the commonfolk gather in their periods of idleness.

These were the events of the day as recalled by their servant,

— Mathghambain Ua Ruadháin
Seaborse Pursuivant



Inspection of the lemons. (Photograph courtesy of Kira Zimmer.)

Provincial Court at Lions' Learn Lessons

In the first month of Anno Societatis 59, on the 18th day of May, their Excellencies Sofya Gianetta di Trieste and Angelica di Nova Lipa, Viceréinas of Østgarðr, ventured to their seaside estates in the Canton of Lions End to observe the education of their populace at the Lions Learn Lessons schola.

Upon the completion of the day's practicum, and seeing that their subjects had dined on the bounty set forth before them, they elected to hold court and converse with those present, uttering certain words which I have endeavored to set forth below.

As their first order of business, the vicereines called forth the steward of the day's event, Nagashima Ichirō Ujimichi, and bade him approach. After thanking him for his service in organizing the schola, they thanked him as well for his recent service as seneschal of their province, and granted him a gift in appreciation for his efforts in years past. At this the populace cheered, and Uji-san began to return to his seat, but lo! their Excellencies were not done with him.

When Uji-san had been called back before the assembled court, the vicereines delivered news from their Majesties of the East, who had at Mudthaw, two months before, declared him a Companion of the Silver

Brooch for his accomplishments both in the kitchen and in other diverse arts, causing their words to be inscribed in an elegant scroll, the reading of which was beyond the ken of the court as it had been translated into Japanese by Eliabetta de Valladolid and calligraphed by Collette d'Avignon in the markings of that far-off land, such that only the recipient could make heads or tails of it. And on hearing the news of his recognition, all present did cheer for him a second time.

Their Excellencies did then turn their attention to lady Jóra Úlfadóttir, seneschal of the canton that hosted them that day, celebrating the effort she had invested in engaging the populace of that district, and presenting her with a large banner displaying the arms of Østgarðr, so that all might know whose flag flew over this fair canton, and the populace did exclaim with joy and confidence in the knowledge that any brigands or marauding waterfowl would think twice before darkening their shores.

At this moment, dama Drasma Dragomira did approach, begging a moment of the court's time to present their Excellencies with a useful item. She reminded them that when she had served as their herald, she had received a workaday document carrier to hold scrolls in their court, and now that she was released from that office, and feeling that their opulence deserved to be matched with a finer accessory, she had created a marvelous replacement, emblazoned with the province's seahorse emblem, embroidered and accentuated with pearls. Their Excellencies received the gift with exclamations of praise, and all present cheered for the generosity of dama Drasma.

Next their Excellencies called for those new to their court to stand forth, and when three gentles came forward, did endow them with gifts of sun-bright metalwork, and with words of encouragement, and all those assembled did celebrate the newcomers as the future of our Society.

At this time, the indomitable Jenna, slayer of children, did approach their Excellencies, and presented them with a carven pineapple she had collected in her travels—but what she did not know was that their Excellencies had themselves wished to see her, as they too had procured a gift on her behalf, and so each was both presenter and recipient, and all were astonished at the bounty of the Province and the generosity of its people.

Turning their minds towards more serious matters, their Excellencies did call forward their champion of arts and sciences, Lady Hanya Vladimirovna Polotskaya, and presented her with a token of appreciation as they collected the regalia that had marked her position over the last year. She did then speak of the competition and display she had overseen that day, praising all who had exhibited their work for the edification of the populace. Lady Jenna was called forward and recognized with the populace choice award for her diverse collection of items made as largesse for the kingdom and province.

Then, with great fanfare, Lady Arnora Ketiladóttir was called forward and recognized as Hanya's successor as the province's champion of arts and sciences, as her presentation on Gunter's Rule and the development of logarithms had impressed all who encountered it with the extensiveness of its research and the enthusiasm of its presenter. She was presented with the regalia of her new position, and with a scroll to memorialize the occasion for all time (a depiction of which is enclosed at the end of this missive), and all present cheered thrice for her skills and learning.

With the competition concluded, and thus safe from any accusations of bribery, Lady Jenna did then return to the court, and taking up a great armful of stuffed dragons from her display, did present them to the vicereines as a gift to be distributed to the populace as they saw fit, for which those nobles were suitably appreciative.

Their Excellencies did then ask each of the teachers who had presented a class that day to rise, and thanking them for their efforts, did present them each with an Award of the Sea Star.

Having reached the end of the docket, and seeing no other official business to be brought before the court, their herald did beg their indulgence to consider a small personal matter, alluding only briefly to a delicate matter that had prompted them to assign him a quest the year before. He had thought he might fulfill his obligation by providing their Excellencies with a citrusy delicacy that was also a balm to soothe the spirit, in the form of lemon balm, a quick-growing plant famed by medieval doctors for its ability to "make the heart merry and joyful," boiled down to a syrup with honey and vinegar according to the Anglo-Saxon tradition of herbal oxymels. The vicereines allowed that the gift was indeed admirable, but after some consultation they agreed that it wasn't quite a lemon, and it wasn't quite perfect, and bade him continue his search.

With this issue resolved, their Excellencies did thereupon call their court to a close, and all made haste to tidy away the remains of the day, and to load their carriages with all they had brought thereto, that they might begin the journey home before the setting of the sun.

I swear that the words above do truly reflect all that occurred in the confines of that gathering, to the limits of my skill as their Excellencies' representative.

— Mathghabhain Ua Ruadháin
Seahorse Pursuivant



Regnum

Herein Listed are the Officers of Østgarðr:

Viceréina	Lady Angelica di Nova Lipa	Knight Marshal	Lord Albrecht Anker
Viceréina	Maestra Sofya Gianetta di Trieste	Archery Captain	Baron Suuder Saran
Seneschal	Lord Ragnarr Bliskegg	Fencing Marshal	Lord Alexander MacLachlan
Deputy Seneschal	Baron Suuder Saran	Youth Combat Marshal	Lady Arnora Ketilsdottir
Exchequer	Hlæfdige Alienor Salton, <i>ka</i> Piglet	Minister of Lists	The Honorable Lady Vitasha Ivanova doch'
Deputy Exchequer	Lord Francisco de Braga	Webminister	Lord Antonius Gracchus, called Twyg
Herald	Bóaire Mathghamhain Ua Ruadháin	Chronicler	Lady Zahra al-Andaluzia
Chatelaine	Armiger Catelin Straquhin	Social Media Officer	Voevoda Lada Monguligin
Chancellor Minor	Lady Kunigunde Wedemann	Chamberlain	Bóaire Mathghamhain Ua Ruadháin
Minister of Arts & Sciences	Lord Brandr Aronsson	Historian	Bóaire Mathghamhain Ua Ruadháin

Seneschal of Appleholm	Hlæfdige Alienor Salton, <i>ka</i> Piglet
Seneschal of Lions' End	Lady Jóra Úlfisdóttir
Seneschal of Northpass	Lady Meadhbh MacPharláin

Herein Listed are the Provincial Champions of Østgarðr:

Armored Combat	Lord Alexander Krause	Arts and Sciences	Lady Arnora Ketilsdottir
Fencing	Count Ryouko'jin of the Iron Skies	Bardic	Lord David Anthony
Archery	THL Eanraig the Bonesetter	Youth Combat	Rees Ragnarrson
Thrown Weapons	Madwen Gam		

