



The Østgarðr E-Horse

 *Master William Blackfox Award Commendation, Best Overall Newsletter, A.S. LVI*

IN THIS ISSUE: [Upcoming Events](#) • [Arts & Schola](#) • [Vyllage Square](#)

Dysclaymer:

This is the Second Quarterly 2023 issue of The E-Horse, a publication of the Ancient and Honorable Crown Province of Østgarðr of the Society for Creative Anachronism, Inc. (SCA, Inc.).

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Welcome!

The Crown Province of Østgarðr is the greater New York City chapter of the Society for Creative Anachronism, a not-for-profit educational and social organization dedicated to re-creating aspects of world cultures before 1600 CE. We read about the period, make and wear the clothes, make and eat the food, make and use the weapons (safely), build and live in the tents, perform the music, dances, and drama, etc.

Østgarðr is part of the East Kingdom and has several cantons: Brokenbridge (Brooklyn), Appelholm (Manhattan), and Lions End (Nassau County).

If you would like to submit art for our cover page or any other page, please [let your Chronicler know!](#)



Black-figured Etruscan amphora featuring a sea-horse and lotus flower (top), circa 500–470 BCE. British Museum 1824,0501.2 ([Source](#))

Upcoming Events

**Check for health and safety guidelines in place for in-person events on each event page.*

• In the Ætherium • • In the flesh •
• In the Realms of Østgarðr •

• **F&S** • • **Marital Arts** • • **Bardic & Music** •

Jun 2–4	Southern Region War Camp	Barony of Carillion (Manalapan, NJ)	
Jun 3	Lions End Demonstration in Farmingdale	Canton of Lions End (Farmingdale, NY)	
Jun 3	Noughts and Crosses	Canton of Distant Shore (Truro, NS)	
Jun 9–11	Opening of the Inne at Coldwood	Shire of Coldwood (Peru, NY)	
Jun 9–11	Crofters Moon Schola	Shire of Anglespur (Melrose, NY)	
Jun 9–11	Huginn & Muninn's Viking Camp	Riding of Ravensbridge (Leeds, ME)	
Jun 10	Iron Bog Investiture and East Kingdom Equestrian Championship	Barony of Iron Bog (Swedesboro, NJ)	
Jun 10	Carolingia Rapier Championship and Regional Practice	Barony of Carolingia (Framingham, MA)	
Jun 10	Novice Schola	Barony of Bergental (South Hadley, MA)	 
Jun 12	Lions End Virtual Commons & Social	Ætherial Lions End	
Jun 15	Østgarðr Arts & Crafts Night	Ætherial Østgarðr	
Jun 15–18	Les Beltaines XXXIV	Barony of Havre des Glaces (St.-Mathieu-du-Parc, QC)	
Jun 16–19	War of the Pearls II	Barony of the Bridge (Charlestown, RI)	
Jun 17	21st Annual Penn-Mar Irish Festival Demo	Shire of Owlshurst (Glen Rock, PA)	  
Jun 17	Potted Arms and Fancy Faire	Canton of Hawke's Reache (Huntington, NY)	
Jun 19	Brokenbridge Commons	Ætherial Brokenbridge	
Jun 21	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Jun 23–25	Return to Vinland Raids	Barony of Smoking Rocks (Yarmouth Port, MA)	  

Jun 23–25	Known World Heraldic and Scribal Symposium	Kingdom of Northshield (Milwaukee , WI)	
Jun 23–25	Sommer Draw	Barony of Bergental (Greenfield, MA)	  
Jun 23–25	Vineland Raids: Champion of Champions Competition	Barony of Smoking Rocks (Yarmouth Port, MA)	  
Jun 30–Jul 2	Northern Region War Camp	Shire of Glenn Linn (Greenwich, NY)	 
Jun 30–Jul 3	Ruantallan Warcamp – Meeting at the Crossroads	Barony of Ruantallan (Walton, NS)	 
Jul 8	SCA: The C is for Creative	Shire of Eisental (Nazareth, PA)	 
Jul 10	Lions End Virtual Commons & Social	Ætherial Lions End	
Jul 13–16	Great Northeastern War XXXV	Province of Malagentia (Hebron, ME)	 
Jul 17	Brokenbridge Commons	Ætherial Brokenbridge	
Jul 19	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Jul 20	Østgarðr Arts & Crafts Night	Ætherial Østgarðr	
Jul 24	Appelholm (Whyt Whey) Commons	Ætherial Appelholm (Whyt Whey)	
Jul 28–Aug 13	Pennsic L	Kingdom of Æthelmearc (Slippery Rock, PA)	  
Aug 14	Lions End Virtual Commons & Social	Ætherial Lions End	
Aug 16	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Aug 17	Østgarðr Arts & Crafts Night	Ætherial Østgarðr	
Aug 21	Brokenbridge Commons	Ætherial Brokenbridge	
Aug 26	Arrows, Axes and Ales: I Drink and I Throw Things	Barony of An Dubhaigeainn (Middle Island, NY)	 
Sep 3	Bhakail Champions and Commons	Barony of Bhakail (Newtown Square, PA)	 
Sep 9–10	Carolingia 50-Year Celebration	Barony of Carolingia (Westford, MA)	
Sep 11	Lions End Virtual Commons & Social	Ætherial Lions End	
Sep 15–17	Harpers' Retreat	Barony of Stonemarche (Marlborough, NH)	  
Sep 18	Brokenbridge Commons	Ætherial Brokenbridge	
Sep 20	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Sep 21	Østgarðr Arts & Crafts Night	Ætherial Østgarðr	
Sep 22–24	River Wars Reboot	Barony of Iron Bog (Mullicia Hill, NJ)	
Sep 29–Oct 1	Bloodfeud in the Danelaw: A Viking Age Immersion Event	Shire of Coldwood (Plattsburgh, NY)	
Oct 6–8	Ghosts, Ghouls, and Goblins	Barony of Carillion (Manalapan, NJ)	
Oct 9	Lions End Virtual Commons & Social	Ætherial Lions End	
Oct 16	Brokenbridge Commons	Ætherial Brokenbridge	
Oct 18	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Oct 19	Østgarðr Arts & Crafts Night	Ætherial Østgarðr	

Oct 21–22	Goat's Inn – Winter is Coming... Again	Crown Province of Østgarðr (Peekskill, NY)
Oct 23	Appelholm (Whyt Whey) Commons	Ætherial Appelholm (Whyt Whey)
Nov 4	St. Eligius	Barony of Dragonship Haven (New Haven, CT)
Nov 11	Harts & Horns	Shire of Hartshorn-dale (Douglassville, PA)
Nov 13	Lions End Virtual Commons & Social	Ætherial Lions End
Nov 15	Østgarðr Provincial Commons & Social	Ætherial Østgarðr
Nov 16	Østgarðr Arts & Crafts Night	Ætherial Østgarðr
Nov 20	Brokenbridge Commons	Ætherial Brokenbridge
Mar 9, 2024	Thélème at Penn Returns	Bailiwick of Iveyinrust (Philadelphia, PA)

Dancing Foxes

by Kunigunde Wedemann

Happy spring/summer!



Pen & ink, with gouache on Bristol paper



[back to top](#)

Ars & Schola

[Contact your Minister of Arts and Sciences](#) for information on upcoming workshops and events.

The Tasting Room with Vitasha

Welcome to *The Tasting Room*, a series of articles by **THL Vitasha Ivanova doch'**, which will be published over the course of the next several issues of the E-Horse. We hope you enjoy the articles in this series, as well as the recipes in them!

Sekanjabin

As we head into hot summer days, we find ourselves gathering for events in public parks. We try to look as period as possible with our clothing, our encampment, and our food and drink choices. We hide our food wrappers and pour our soda and Gatorade into period drinking vessels. For a more period feel, we could drink wine or ale, but with outdoor events, we run the risk of dehydration as well as prohibitions on alcoholic beverages. So for those who are looking for a more period drink, what can we drink that is refreshing, period, and legal?

At Gyldenholt Anniversary this past month, I made both a sekanjabin and a syrup. Both drinks keep well, and you only need to dilute them with water to your desired taste and enjoy. I offered many people the sekanjabin, Hippocras spice syrup, or a combination of the two. One fighter said that it "greatly lessened the fatigue of heat and humidity," and he even nicknamed it "Combat Mana". How do I make myself some of this fine, refreshing drink, you ask? Well...

Sekanjabin is the Middle Eastern name for a drink made of vinegar and sugar. The vinegar and sugar are



combined and heated to form a syrup. A drink is made by diluting the syrup with water to suit one's taste. The first time someone told me it made a delicious, refreshing drink, I was very skeptical. However, I tried it and found it true. On a hot day, the water provides rehydration, the vinegar replenishes electrolytes, and the sugar increases blood sugar. Herbs and spices can be added to enhance the flavor.

A recipe for Sekanjabin from An Anonymous Andalusian Cookbook of the 13th Century:

Syrup of Simple Sikanjabîn (Oxymel)

Take a *ratl** of strong vinegar and mix it with two *ratls* of sugar, and cook all this until it takes the form of a syrup. Drink an *ûqiya** of this with three of hot water when fasting: it is beneficial for fevers of jaundice, and calms jaundice and cuts the thirst, since sikanjabîn syrup is beneficial in phlegmatic fevers: make it with six *ûqiyas* of sour vinegar for a *ratl* of honey and it is admirable. ...[gap: top third of

Sekanjabin, cont'd

this page has been cut off]...and a *ratl* of sugar; cook all this until it takes the consistency of syrup. Its benefit is to relax the bowels and cut the thirst and vomiting, and it is beneficial in bilious fevers.

* A *ratl* equals about 1 pound, and about 12 *ûqiyas* equal a *ratl*.

This recipe says to mix one part vin-

egar to 2 parts sugar. I prefer to mix one part white wine vinegar to one part cane sugar. Stir until the sugar is completely dissolved in the vinegar. Bring to a simmer and turn down the heat so that it is just barely bubbling. Stir occasionally for about 30 minutes to an hour to reduce the water content and create the syrup. Remove from the heat to cool before bottling.

So with these hot days of summer, sip a cup of refreshing, period (and legal)

sekanjabin.

[Note: Information about and recipes for fruit syrups can be found in the October 2014 edition of the Gyldenholt Press. A list of spices used in Hippocras can be found in the December 2014 edition of the Gyldenholt Press.]

* *This article was originally printed in the October 2014 edition of the Gyldenholt Press (Barony of Gyldenholt, Kingdom of Caið).*

*Kumihimo Braids*

Østgarðr thanks **Lady Hanya Vladimiranova Polotskaya** for donating this trio of beautifully wrought kumihimo braids, and a handful of others now in the hands of grateful recipients, to Largess at Deck the Halls of Valhalla in January.

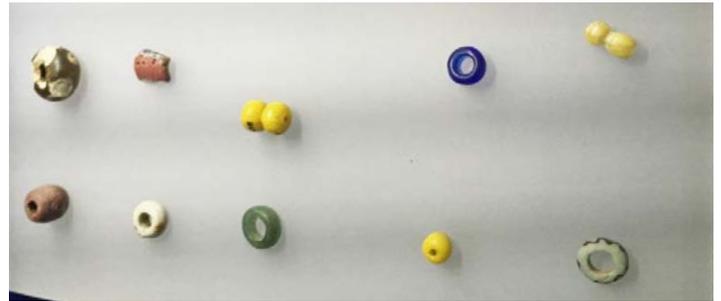
Should you have period appropriate items you would like to donate, your Vicereines will be happy to accept them for distribution in Østgarðr, or transport to the coffers of the East Kingdom. No livestock or war elephants, please.

Treasures of the Vikings

by Vitasja Ivanoca doch'

Ilia and I had the pleasure of traveling to Iceland and Sweden in the summer of 2017 to visit historical Viking locations and museums. We hope you enjoy the pictures of the jewelry and historical places.

I. Jewelry



Left: "Silver bracelets were worn on the wrist or farther up the arm. This bracelet was found in the oldest archaeological layers of the area. It is stamped with a pattern of triangles, each with three dots. This motif was common in Scandinavia and the British Isles in the 9th and 10th centuries." Right: Glass beads. Settlement Exhibition, Reykjavik, Iceland



Above left: Posament. Right: Quartz and silver jewelry. "Found in Lye, on Gotland." Of Eastern European origin. Below, left: Moon pendant. Right: Pendant with small tree of life symbols.

Swedish History Museum



Treasures of the Vikings, cont'd



Above: Silver bracelets. Part of a Viking silver hoard. Swedish History Museum

Below, Left to Right: Beads from Byzantium; Gold plated bead; Scandinavian mosaic beads. Birka Museum



Above: "Arm rings" and beads from a boat grave in Vatnsdalur Patreksfjörður. Right: Rings, amulets, and brooches. Left: Bronze sewing needles and needle case.

National Museum of Iceland



II. Historical Places

Facing upriver (Left) and downriver (Right) at Thingvellir.

The Althingi (Iceland's parliament) was founded here around 930 A.D. The Althingi continued here until the 13th century, but it continued afterwards as a court of law until 1798. Historical events that took place here include the adoption of Christianity around 1000 AD and the founding of the Icelandic Republic in 1944.

The river also marks where the North American tectonic plate is separating from the Eurasian plate.



Ilia and his squire
Finnr stand watch on
the wall of Visby.



Treasures of the Vikings, cont'd



Prasi's Chest of Gold

“According to legend, a settler named Prasi hid his chest of gold behind Skógafoss, where it would be hard to reach. For a long time, one end of the chest was visible through the waterfall. Three men from Skógar once attempted to retrieve the chest, managing with great difficulty to place a hook in an iron ring on the side of the chest. They pulled hard, but the chest was so heavy that the iron ring came loose and the mission was aborted. The ring was placed on the door of the church in Skógar and can now be found in the Skógar folk museum. The following verse, bearing witness to the this legend, has been passed down through the generations.”

*The chest in Prasi's secret lair
Under the Skógar waterfall
Rewards the one who ventures
there
With endless riches, great and
small.*

©Hönnun/design: Landform ehf, Katla Geopark, Iceland



Ilia and Finnur at the Grand Visby Tournament.

Below: The remains of an entire hall lie under a neighborhood in downtown Reykjavik. The hall was inhabited from about 930–1000 AD.



Treasures of the Vikings, cont'd



Birka, Sweden: Above, Left: Currently a farmer's field, this site was where the village of Birka stood. Above, Left: A reconstructed home with ships and dock (Left).



Photo credits: All photos taken by Baroness Vitasha Ivanova doch'.

These photos and their captions were previously published in the Winter 2018 (part I) and Autumn 2017 (part II) editions of the Gyldenholt Press (Barony of Gyldenholt, Kingdom of Caïð).

Are you working on something amazing? Let your Chronicler know! Even if it isn't quite finished yet—you never know who you'll inspire.



Vyillage Square

Welcome to the Vyillage Square: your space to chat about what's new (or old—we are the SCA), cool, exciting, funny, intriguing, thought-provoking, puzzling...anything you think other people in the Province should know. Have something to say? Share it with your [Chronicler!](#)

Overrated—Underrated: Medieval Battle

by Richard the Poor of Ely

Way back in the Mists of Time (the 20th Century); the *American Heritage* magazine had an annual “Overrated—Underrated” issue where they commissioned essays from historians and other writers to muse on things they thought were overrated—and offer an example of something underrated in the same category. For example, famed “gossip” columnist Liz Smith penned an offering on “Celebrity Romance”: Edward VIII and Wallis Simpson were tarred with the “Overrated” brush (as memory serves, he was described as a repressed “mama’s boy”; she was a gold-digging social climber); Harry and Bess Truman (High-school sweethearts who stayed that way throughout their lives) were “Underrated”.

BUT ANYWAY...

No reason anyone cannot join in on the fun! As someone who claims to know “just enough about everything to be able to appear foolish on any topic”, allow me to present a sample offering.

Overrated: *Agincourt*

It's all Shakespeare's fault. If he hadn't written that admittedly great “St. Crispin's Day” speech, Agincourt would have been just another side battle in that collection of miscellaneous conflicts known as the Hundred Years' War. As it is, Henry V's whole little campaign starting at the Siege of Harfleur was one great mass of stupidity, with the English and the French swapping bumbles.

When the English stopped their pointless march to Calais and offered battle, the French made their last strategic mistake. They “accepted” the offer of battle, on land that the English had chosen and prepared. And followed it up with a tactical mistake. Instead of holding their ground and picking off the English a few at a time, they ignored their

artillery (archers), shoved their infantry aside, and charged headlong with their heavy cavalry (knights) into the prepared English position. They were deservedly wiped out.

Henry then went unimpeded to Calais, where he and his men sailed home—to return to Harfleur next spring, from whence they proceeded to attempt to conquer France.

“It's all Shakespeare's fault.”

Which is what he should have done in the first place, rather than stupidly risk his own neck in a stupid march to a battle that decided nothing. Seriously—what was “decided” at Agincourt? You can't even call it a “victory against overwhelming odds” as some do, since, given the tactical situation at the start of the battle, the English defensive position pretty much completely neutralized any numerical advantage the French may have had, and the French

tactical blunders in the battle ruined any chance they had at a victory.

Overrated—Underrated: Medieval Battle, cont'd

Underrated: Grunwald

A few years before Henry was schlepping across northern France, a titanic struggle was brewing in eastern Europe. The German Empire's Teutonic Knights were pushing eastward (as the Germans are wont to do) into what they felt were criminally underused lands (they weren't inhabited by Germans). The recently united-by-marriage Kingdoms of Poland and Lithuania weren't going to stand for that. They assembled a huge army, and the two forces met at Grunwald on the 10th of July in 1410 for a truly epic battle.

How epic was it? Troop estimates vary widely, but it's safe to say that there were twice as many combatants as there were at Agincourt—at least. The battle was fought in the middle of summer, which allowed for many hours of daylight—fighting raged for over ten hours. The battle may not have had any great speeches written about it, but it did have an actual incident at the start where the Grand Knight of the Teutonic Order sent messengers to the Polish king with two swords. “If you're delaying your attack because you are afraid you don't have enough weapons,

here are some.” With that, they stabbed the swords into the ground and left. The “Grunwald Swords” later became part of the royal insignia of Poland.

The battle raged back and forth all day, with a whole bunch of nifty tactical maneuvers (mostly on the Polish side)—and blunders (mostly on the German side). When the dust had settled, the Teutonic Knights were annihilated. Both Poland and Lithuania count this battle as one of the greatest moments in their history, with very good reason.



Teutonic Order presents Grunwald Swords as gift to King Władysław II Jagiełło (painting by Wojciech Kossak) c. 1909. ([Source](#))



Silent Heraldry Classes Returning June AS LVIII

by Lady Lorita deSiena, Silent Herald, East Kingdom

Silent heraldry classes will be offered online via Google Meet beginning in June (exact date TBD depending on student availability). Anyone who is interested in becoming a silent herald is welcome to join us, all levels of sign language experience are welcome. Whether you have taken this course before or are brand new to the program, we are happy to have you!

Classes will take place in the evenings, starting at 7 pm and lasting 30 minutes to an hour max. Depending

on the number of people who sign up (there is no class cap), classes may be offered more than once a week. If you are interested in signing up, please email Lorita deSiena at silent@eastkingdom.org with your name, first and second choice for class days, and approximate level of sign language comprehension.

(You can also visit the East Kingdom College of Herald's [page on Silent Heraldry](#) for more information and FAQs.)



From the Vicereinas

Greetings to our great populace!

Prior to Mudthaw, Our Beloved Royal Highness Caoilfhionn expressed a wish for a rock from either the Cloisters, where our first Crown Coronation was held or from Cloves Park, Staten Island, the location of the first Crown Tournament in the East. Our people, excelling as usual, did one better and procured both. A big thank you to Varren de Foret for traveling to the Cloisters for this request and Lord Alex McLaughlin for transporting the rock to Mudthaw. Thank you, Master Brendan Firebow, for fulfilling this wish of HRH with the Staten Island rock. Although Her Highness was not on site for the presentation, His Highness Brennan received our goods with graciousness and thanks. I think He was especially thankful we didn't leave the basket!

Angelica Di Nova Lipa & Sofya Gianetta di Trieste
Vicereines, Crown Province of Østgarðr
March AS LVII



Also at Mudthaw, Hemma Schweinfurt von Nurnburg (of Tir Mara) did with this Honorable Contract pictured bind herself Apprentice to Voevoda Lada Monguligin OL and Maestra Sofya Gianetta di Trieste OL. Tokens of trust were exchanged, cookies were eaten, and though the day was very chilly, our hearts were exceeding warm. *Photo by Lada Monguligin*

Why Vivat and Not Huzzah?

By Thomas Richardson

I wrote this for the Dec 2018 Cascadian (The news letter for the Shire of Glenn Linn). If you visit the North Country Medievalists Facebook group and check the file section you can check out past editions of the Cascadian.

If you are in the SCA and live in the East Kingdom you have likely encountered the cheer of “Vivat!” when someone is celebrated for some achievement. On the other hand, if you have had the opportunity to visit several kingdoms during your tenure in the SCA, or ever simply visited a Renaissance fair, you may also be familiar with the oft used cheer “Huzzah!” The cry of *vivat* (singular) or *vivant* (plural) means “long life” (in Latin) and is attested as early as the *De Brevitate Vitæ* of 1287 (“*Vivat academia!*”, “*Vivant professores!*” etc.). Huzzah’ing was an established custom by Elizabethan times and may have originated as a sailor’s shout of exaltation, encouragement, or applause. It appears in Shakespeare’s *Henry IV* (1591): “Huzza! Huzza! Huzza! Long live the King!”

The first time you heard “Vivat!” you may have thought it strange, as I did, or not given it much thought. I was well acquainted with the hearty huzzah, and hearing the (in my opinion) less exuberant *vivat*, I began to wonder why. As all who have ever asked about any SCA subject knows, the answer always starts with a history lesson...

Once upon a time there was the West, and the West was what there was because there was nothing else. But in 1968, the lands east of The Great Muddy was declared The East. So,

now we had West and East. But the West also had the BOD (Board of Directors) and the East... well, the East was just a kingdom.

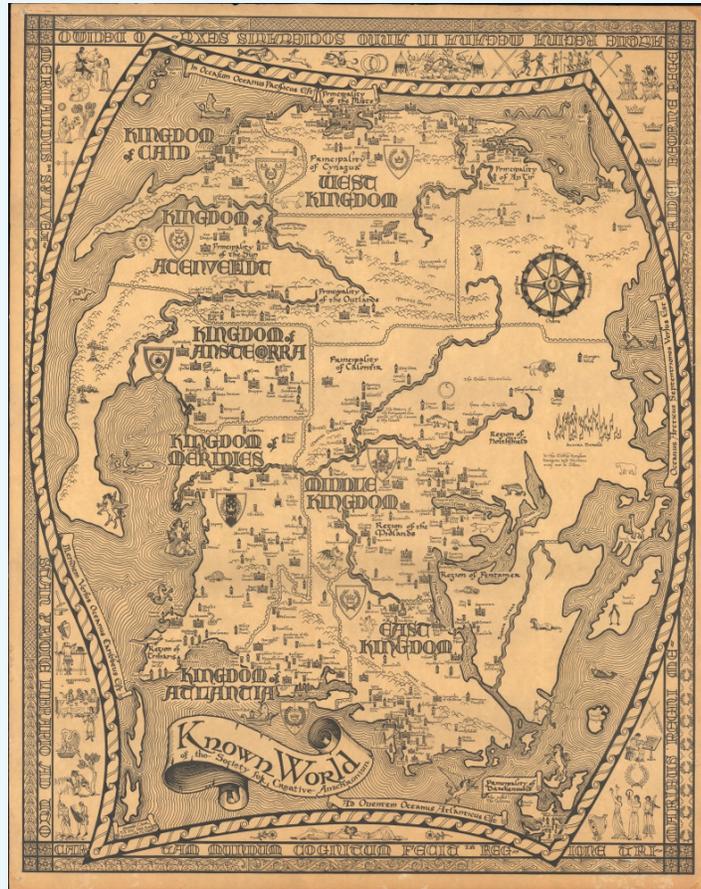
In 1969, both the Kingdom of the East and the Kingdom of the West (as the BOD) chartered groups in the middle, as it were. There was some confusion about exactly who was

at the East and get rid of some potential troublemakers from Arizona, and created the Kingdom of Atenveldt, which stretched from Arizona straight across the country to the Atlantic coast, unilaterally absorbing large chunks of both the West and East Kingdoms.

At this point the SCA had created its four great incubator kingdoms—

West, East, Middle, and Atenveldt. Every other kingdom from this point on would originate from one of these four kingdoms or from one of their offspring Kingdoms.

In the West, when everything was new, “Hip hip hooray” was the cheer of the day. The East, born of the West, followed its traditions, also crying “Hip hip hooray” until the reign of King Gyrth



empowered to charter new groups. Luckily, the two newly formed groups chose to ignore the politics of their parents and joined together to become the Kingdom of the Middle. There were not exactly a lot of feet on the ground back then, so having a cluster of folk brave enough to dress up, run around acting silly, and hit each other with sticks was reason enough to become a kingdom.

Two years later, in 1971, the West (or BOD) decided to both thumb its nose

and Queen Melisande* (1978—AS XII). Upon concerns that the term was significantly post-period, and some speculation (now considered spurious) that its origin was anti-Semitic (the claim was that the word “hip” stemmed from a medieval Latin acronym, “*Hierosolyma Est Perdita*”—“Jerusalem is lost”), Gyrth asked the people to switch to “Vivat/Vivant”. Incidentally, it was never their intention to have it chanted three times—that was a carryover from the older cheer. It was around

The Known World



A.S. 46

Naomi bat Avraham

this time, perhaps under the same concern over anti-Semitism, that the West switched to “Huzzah!”.

Now this is where the lineage of each kingdom comes into play. In 1978, the Kingdom of Meridies was formed out of Atenveldt lands and invested by the Atenveldt court. As Atenveldt was a “huzzah” kingdom, so also became Meridies. Also in 1978, the Kingdom of Caid was born from the West, inheriting the “huzzah”. In 1979, Atenveldt created another “huzzah” kingdom in Ansteorra. 1981 brought us the Kingdom of Atlantia, which separated from the East and therefore cries “Vivat!” Another “huzzah” kingdom was created in 1982 by the West in An Tir.

The Middle Kingdom, the love child of bickering parents, repudiated both and uses neither “huzzah” or “vivat”.

Instead, they yell “hoobah” as an expression of acclamation and joy. (Why? Legend

has it that an early king of the Middle, upon being presented with a troupe of belly-dancers, exclaimed “Hubba hubba!”) In 1984, the Kingdom of Calontir, born from the Middle, became the second “hoobah”-using kingdom. In 1985, we return to the normal order with the creation of the Kingdom of Trimaris out of the huzzah-using Meridies. The huzzah-using Kingdom of Outlands separated from Atenveldt in 1986 and Drachenwald, born of the East in 1993, carried on the Vivat tradition.

In 1997, the Kingdom of Artemisia is formed out of Atenveldt, with bits of the kingdom of Outlands and the Middle thrown in. Among all the confusion, they become a Vivat kingdom. Why? Go ask them.

Also in 1997, Æthelmearc spawned as a vivat-using child of the East. Ealdormere separated from the Middle in 1998 and, completely against the grain, immediately began using “Was-

sail”. The year 2002 saw the creation of Lochac out of the West and Caid, both passing along the use of huzzah. Northshield, created from the middle in 2004, is a *vivat* user because its first Prince by right of arms was nurtured in Atlantia, a *vivat* kingdom. Gleann Abhann, which sprang from Meridies in 2005, is on the huzzah standard, while the last kingdom, Avacal, adopted huzzah from its parent An Tir when created in 2015.

For those who are keeping count, that is ten for huzzah, six for vivat, two hoobahs, and a single wassail, most of them based upon their lineage. So, now you know.

—
*There is at least one anecdotal reference to the Barony of Carolingia using vivat prior to the request of King Gyrrh; however, no evidence has been presented to substantiate the claim.



[back to top](#)



Regnum

Herein Listed are the Officers of Østgarðr:

Vicereína	Lady Angelica di Nova Lipa	Chapcellor Minor	Lady Kunigunde Wedemann
Vicereína	Mistress Sofya Gianetta di Trieste	Knight Marshal	Lord Ervald LaCoudre Edwardson the Optimistic
Seneschal	Lord Nagashima Ichiro Ujimichi	Fencing Marshal	Lord Alexander MacLachlan
Deputy Seneschal	Lord Alexander MacLachlan	Minister of Lists	The Honorable Lady Vitasha Ivanova doch'
Exchequer	Hlafdige Alienor Salton, <i>ka</i> Piglet	Treasury Minister	Lord Friderich Grimme
Deputy Exchequer	Lord Francisco de Braga	Chronicle	Lady Zahra al-Andaluzia
Herald	Dama Drasma Dragomira	Social Media Officer	Lord Albrecht Anker
Chatelaine	Lord Albrecht Anker	Historian	Bóaire Mathghamhain Ua Ruadháin
Minister of Arts & Sciences	Lord Brandr Aronsson		
	Seneschal of Brokenbridge		Lady Arnora Ketilsdottir
	Seneschal of Appelhalm (Uhyt Uhey)		Hlafdige Alienor Salton, <i>ka</i> Piglet
	Seneschal of Lions' End		Lady Iola Wulfsdotter

Herein Listed are the Provincial Champions of Østgarðr:

Armored Combat	Lord Albrecht Anker	Arts and Sciences	Hanya Vladimirovna Polotskaya
Fencing	Jarl Ozurr "Bootgiver" Styrbjarnarson	Bardic	Lord David Anthony
Archery	Lord Mongo Chinua	Youth Combat	Lord Finnbjorn Ægiron
Thrown Weapons	Finnolfr Hrafasson		

