



The Østgarðr E-Horse

Upcoming Events - Ars & Schola - Vyllage Square

Dysclaymer:

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This is the Third Quarterly 2022 issue of *The E-Horse*, a publication of the Ancient and Honorable Crown Province of Østgarðr of the Society for Creative Anachronism, Inc. (SCA, Inc.).

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Welcome!

The Crown Province of Østgarðr is the greater New York City chapter of the Society for Creative Anachronism, a not-for-profit educational and social organization dedicated to re-creating aspects of world cultures before 1600 CE. We read about the period, make and wear the clothes, make and eat the food, build the swords and hit our friends (who are wearing armor), build and live in the tents, perform the music and drama, etc.

Østgarðr is part of the East Kingdom and has several cantons: Brokenbridge (Brooklyn), Whyt Whey (Manhattan), and Lions End (Nassau County).



If you would like to submit art for our cover page or any other page, please let your Chronicler know!

Pair of seahorses interlaced on Aberlemno Sculptured Stone II, Scotland. Pictish, 9th c. ([Source](#))

Upcoming Events

**Please read more about plans and guidelines in place for in-person events at the [East Kingdom Website](#).*

• In the Ætherium • • In the fleshe •
• Within the Realms of Østgarðr •

• [ÆtS](#) • • [Marital Arts](#) • • [Bardic et Music](#) •

Sep 2–5	John Barleycorn Welcomes the New Østgarðr Heirs	Crown Province of Østgarðr (Kent, NY)	
Sep 9	Lions End Commons and Social	Ætherial Lions End	
Sep 10–11	Falling Leaves 2022	Barony of Carolingia (Westford, MA)	
Sep 11	Brokenbridge Commons	Ætherial Brokenbridge	
Sep 16–18	Harper's Retreat	Barony of Stonemarche (Kingston, NH)	
Sep 17	Veisla Schola	Barony of Concordia of the Snows (Scotia, NY)	
Sep 17	Brennan & Caoilfhionn's Ducal Challenge	Barony of Settmour Swamp (Randolph, NJ)	
Sep 17	Harvest Moon Shoot	Province of Malagentia (Hebron, ME)	
Sep 17–18	Lakewood Ren-Faire XLI	Barony of Carillion (Lakewood, NJ)	
Sep 18	Baronial Birthday Bash—50 YEARS!	Barony Beyond the Mountain (Manchester, CT)	
Sep 18	Bhakail Champions and Commons	Barony of Bhakail (Newtown Square, PA)	
Sep 21	Østgarðr Provincial Commons & Social	Ætherial Østgarðr	
Sep 23–25	Olympic River Wars I (ORWI)	Barony of Iron Bog (Mullica Hill, NJ)	
Sep 24	Hastilude of the Autumnal Equinox	Barony of Bergental (Enfield, CT)	
Oct 1	Coronation of Mohammad and Corotica	Barony of Havre des Glaces (Nicolet, QC)	
Oct 1	Fallen Stag	Shire of Caer Adamant (Newark, DE)	
Oct 2	Fort Tryon Medieval Festival—Cloisters Demo	Canton of Whyt Whey (New York, NY)	
Oct 6	Whyt Whey Commons	Ætherial Whyt Whey	
Oct 7–9	Ghosts, Ghouls, and Goblins: Things that Go Bump in the Arabian Night	Barony of Carillion (Manalapan Township, NJ)	
Oct 7–10	Hunter's Moon	Shire of Anglespur (Melrose, NY)	
Oct 8	Harts and Horns	Shire of Hartshorn-dale (Douglassville, PA)	

Oct 14	<u>Lions End Commons and Social</u>	Ætherial Lions End	
Oct 14–16	<u>Shire Wars X</u>	Shire of Montevale (Jonestown, PA)	
Oct 19	<u>Østgarðr Provincial Commons & Social</u>	Ætherial Østgarðr	
Oct 21–25	<u>Goat's Inn: Winter is Coming...Again</u>	Crown Province of Østgarðr (Peekskill, NY)	
Oct 22	<u>Barony of Buckland Cross Rattan and Rapier Champions</u>	Barony of Buckland Cross (Langhorne, PA)	
Oct 22	<u>Dragonship Haven and Beyond the Mountain's Champions Day</u>	Barony of Dragonship Haven (Meridien, CT)	
Oct 29	<u>East Kingdom Crown Tourney</u>	Province of Malagentia (Portland, ME)	
Nov 11	<u>Lions End Commons and Social</u>	Ætherial Lions End	
Nov 12	<u>St. Elegius Arts & Sciences Competition</u>	Barony of Dragonship Haven (New Haven, CT)	
Nov 16	<u>Østgarðr Provincial Commons & Social</u>	Ætherial Østgarðr	
Nov 19	<u>100 Minutes War XXXII</u>	Shire of Rusted Woodlands (Sparta, NJ)	
Dec 9	<u>Lions End Commons and Social</u>	Ætherial Lions End	
Dec 11	<u>Brokenbridge Commons</u>	Ætherial Brokenbridge	
Mar 11, 2023	<u>Thélème at Penn Returns</u>	Bailiwick of Ivyeinrust (Philadelphia, PA)	
Jun 23–25, 2023	<u>Return to Vineland Raids</u>	Barony of Smoking Rocks (Yarmouth Port, MA)	

You and your friends, hanging out at events:

Jehan de Grise, c. 1338–1410, Oxford, Bodleian Library MS. Bodl. 264 (detail) ([Source](#))



Ars & Schola

Contact your [Minister of Arts and Sciences](#) for information on upcoming workshops and events, including the weekly [Whyt Why Saturday Night Solar](#).

Dong Po Rou (Red Braised Pork Belly)

▼ Last issue, we published a delicious recipe by Nagashima "Uji" Ichiro Ujimichi from the Chinese Song Dynasty (960–1279). However, the last step got cut off! The *E-Horse* regrets the error. Here's the full recipe:

Ingredients

2 lbs. Pork Belly
Thumb of Fresh Ginger, thinly sliced
1 Bunch Scallions
10 oz. Shaoxing Wine
3 T Light Soy Sauce
2 T Dark Soy Sauce
1 T Chinese 5-Spice Powder (My addition. You could also use whole spices)
1/4 c Rock Sugar (can substitute white sugar)
Water to cover

Method

1. Sear skin side of pork belly in hot pan, moving it around so it doesn't stick to burn off any hair.
2. Blanch in boiling water for 15-20 minutes, then remove to a cold water bath. Scrape skin with knife to remove any dirt, singed hairs, etc.
3. Cut pork belly into 2 inch squares and score through skin.
3. Line bottom of pot with scallions, then place sliced ginger on top of them. Place pork belly skin-side down and add the remaining ingredients.
4. Simmer 1 hour. Then carefully turn pork belly skin-side up, and simmer another hour.



Vyllage Square

Welcome to the Vyllage Square: your space to chat about what's new (or old—we are the SCA), cool, exciting, funny, intriguing, thought-provoking, puzzling...anything you think other people in the Province should know. Have something to say? Share it with your [Chronicler](#)!

Anachronistic Charitable Giving

We may currently live in an era of instantaneous commerce, but there's nothing more period than putting your resources behind a worthy cause! Did you know that the SCA is a member of Amazon Smile? Wait... what *is* Amazon Smile?

Certain products on [amazon.com](https://www.amazon.com) are eligible for Amazon Smile, meaning that 0.5% of the profits generated from those items go toward charitable organizations. While 0.5% seems tiny, if you consider the sheer amount of commerce that takes place on Amazon worldwide, it can add up to quite a lot of money. The SCA, a 501(c)(3) public charitable organization, is one of those to which Amazon donates this way. To give you an idea of what's possible, Lady Angelica di Nova Lipa, who has chosen the SCA as one of her charities, recently received notice that the SCA has so far received **\$39,218.59** through Amazon Smile as of August 15. That's a lot of blue cards!

So how do you participate? It's super easy—you can go to smile.amazon.com and shop like normal, or you can just look for products that are marked “eligible for Amazon Smile” on the product page. It doesn't cost any extra, so you can just keep using Amazon like you always do, and know that some of the money you're spending anyway on camping gear, armor-making supplies and tools, PVC, cloth for garb, feast gear, rattan, books, silk banners, specialty cooking equipment, period musical instruments, brewing kits, fencing gear, etc. etc....is ending up back in the SCA.

Of course, it's always best to support your local businesses and independent artisans when and wherever possible. Your direct financial support of the people and businesses that support our hobby, whether directly or indirectly, means more to those people and businesses than any donation from a mega-corporation. But, like it or not, we all have purchases that are not possible or feasible locally, and as long as we are using Amazon for those anyway, we may as well do it in a way that helps out the organizations we care about!

Photos from Þeysic XLIX

Please enjoy this collection of photos from Opening Ceremony, Østgarðr's Provincial Court, and our Celebration of Life, courtesy of Lady Zahra de Andalucia!

For more photos, please visit [Facebook](#).





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Herein Listed are the Officers of Østgarðr:

Viceroy	Il-Kha'an Suuder Saran	Archery Marshal	Lady Arnbiorg 'Helga' Niálsdóttir
Vicereine	Il-Khatun Lada Monguligin	Fencing Marshal	Lord Alexander MacLachlan
Seneschal	Lord Nagashima Ichiro Ujimichi	Youth Marshal	
Exchequer	Lord Francisco de Braga	Minister of Lists	Lady Marion of York
Herald	Dama Drasma Dragomira	Webminister	Lord Friderich Grimme
Châtelaine	Lord Albrecht Anker (acting)	Chronicler	Lady Zahra al-Andaluzia
Chancellor Minor	Lady Kunigunde Weidemann	Chamberlain	Baron Ian of Clan Mitchell
Minister of Arts & Sciences	Randve L'il Hammar	Historian	Mistress Sofya Gianetta di Trieste
Knight Marshal	Lord Ervald LaCoudre Edwardson the Optimistic	Social Media Officer	Lord Albrecht Anker

Seneschal of Brokenbridge	Lord Ragnarr Bláskegg
Seneschal of Whyt Why	Hlafdige Alienor Salton, ka Piglet
Seneschal of Lions' End	Iola Wulfsdotter

Herein Listed are the Provincial Champions of Østgarðr:

Armored Combat	Baron Pádraig Ó Brádaig	Arts and Sciences	Lord Ragnarr Bláskegg
Fencing	Laird Leo MacCullan	Bardic	Lady Evelyn de Trees
Archery	Marin il Gondolier	Youth Combat	Finnbjorn Ægirson
Thrown Weapons	Lady Raymonda the Second		

