



The Østgarðr E-Horse

Upcoming Events - Ars & Schola - Vyllage Square

Dysclaymer:

This is the Second Quarterly 2022 issue of *The E-Horse*, a publication of the Ancient and Honorable Crown Province of Østgarðr of the Society for Creative Anachronism, Inc. (SCA, Inc.).

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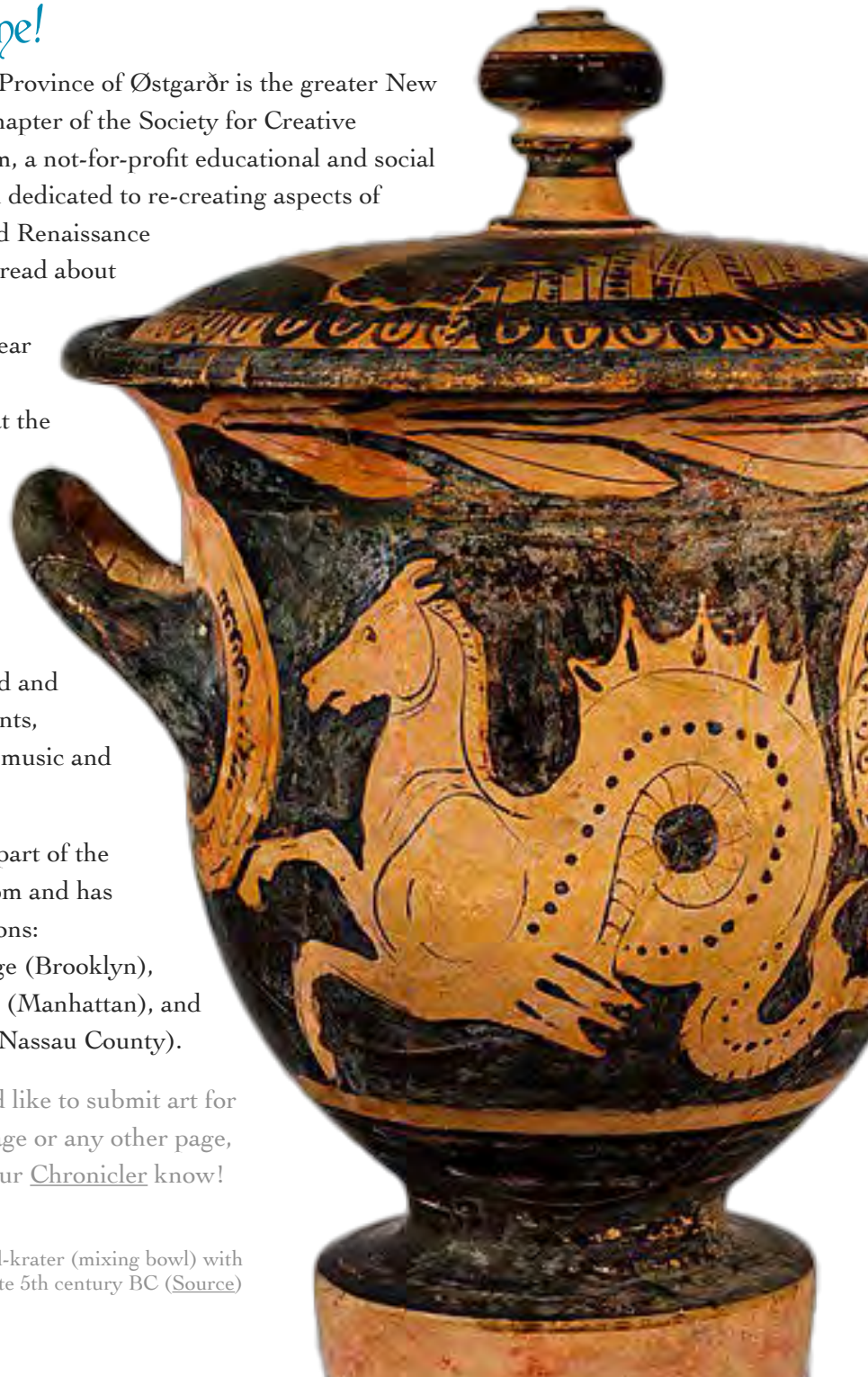
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Welcome!

The Crown Province of Østgarðr is the greater New York City chapter of the Society for Creative Anachronism, a not-for-profit educational and social organization dedicated to re-creating aspects of medieval and Renaissance culture. We read about the period, make and wear the clothes, make and eat the food, build the swords and hit our friends (who are wearing armor), build and live in the tents, perform the music and drama, etc.

Østgarðr is part of the East Kingdom and has several cantons: Brokenbridge (Brooklyn), Whyt Whey (Manhattan), and Lions End (Nassau County).

If you would like to submit art for our cover page or any other page, please let your Chronicler know!



Terracotta bell-krater (mixing bowl) with lid, late 5th century BC ([Source](#))



























Upcoming Events

**Please read more about plans and guidelines in place for in-person events at the [East Kingdom Website](#).*

• In the **Ætherium** • • In the **fleshe** •
• Within the **Realms of Østgarðr** •

• **ÆtS** • • **Martial Arts** • • **Bardic & Music** •

Jun 3–5	<u>Southern Region War Camp</u>	Barony of Carillion (Manalapan, NJ)		
Jun 4	<u>A&S on a Summer's Day — East Kingdom Northern Region Championship</u>	Shire of Hadchester (Union, ME)		
Jun 4	<u>Spring Awakening</u>	Barony of Ruantallan (Stewiacke, NS)		
Jun 4	<u>The Earl Horic Memorial Sovereign and Consort's Championship of Arms</u>	Shire of Eisental (Nazareth, PA)		
Jun 5	<u>Brokenbridge Commons/Duct Tape Body Double Class</u>	Ætherial Brokenbridge		
Jun 5	<u>Archery Practice with Friderich Grimme</u>	Shire of Midland Vale (NY)		
Jun 10	<u>Lions End Commons & Social</u>	Ætherial Lions End		
Jun 10	<u>Sommer Draw and Outdoor Schola</u>	Barony of Bergental (Greenfield, MA)		
Jun 11	<u>Baronial Birthday — A Summertime Celebration</u>	Barony of Smoking Rocks (Raynham, MA)		
Jun 12	<u>Hunters Picnic</u>	Shire of Caer Adamant (Wilmington, DE)		
Jun 12	<u>Northern Østgarðr Archery Practice</u>	Crown Province of Østgarðr (Cortlandt Manor, NY)		
Jun 15	<u>Østgarðr Commons & Social</u>	Ætherial Østgarðr		
Jun 15	<u>Alternative Documentation Formats for A&S Projects (Panel)</u>	Ætherial East Kingdom		
Jun 16–19	<u>Les Beltaines XXXIII</u>	Barony of Havre des Glaces (Saint-Mathieu-du-Parc, QC)		
Jun 17–19	<u>Palio de Stonemarche</u>	Barony of Stonemarche (Lancaster, NH)		
Jun 17–20	<u>War of the Pearls I</u>	Barony of the Bridge (Charlestown, RI)		
Jun 18	<u>Potted Arms and Fancy Faire — 15th Anniversary</u>	Canton of Hawke's Reach (Huntington, NY)		
Jun 18	<u>Whyt Whey Saturday Night Solar</u>	Ætherial Whyt Whey		

Jun 24	<u>Opening of the Inne</u>	Shire of Coldwood (Peru, NY)	
Jun 25	<u>Japanese Garden Social</u>	Barony of Buckland Cross (Churchville, PA)	
Jul 1–3	<u>Northern Region Warcamp with EK Equestrian and Thrown Weapons Championships</u>	Shire of Glenn Linn (Greenwich, NY)	
Jun 18	<u>Whyt Whey Saturday Night Solar</u>	Ætherial Whyt Whey	
Jul 7	<u>Whyt Whey Commons</u>	Ætherial Whyt Whey	
Jul 8	<u>Lions End Commons & Social</u>	Ætherial Lions End	
Jul 10	<u>Northern Østgarðr Archery Practice</u>	Crown Province of Østgarðr (Cortlandt Manor, NY)	
Jul 14–17	<u>Great Northeastern War XXXIV</u>	Province of Malagentia (TBD, ME)	 
Jul 16	<u>Whyt Whey Saturday Night Solar</u>	Ætherial Whyt Whey	
Jul 20	<u>Østgarðr Commons & Social</u>	Ætherial Østgarðr	
Jul 29– Aug 14	<u>Pennsic War 49</u>	Kingdom of Æthelmearc	  
Aug 12	<u>Lions End Commons & Social</u>	Ætherial Lions End	
Aug 17	<u>Østgarðr Commons & Social</u>	Ætherial Østgarðr	
Aug 27	<u>The Iberian Reception</u>	Barony of Ruantallan (Lake Echo, NS)	  
Aug 27	<u>Whyt Whey Saturday Night Solar</u>	Ætherial Whyt Whey	
Sep 2–5	<u>John Barleycorn Welcomes the New Østgarðr Heirs</u>	Crown Province of Østgarðr (Kent, NY)	  
Sep 9	<u>Lions End Commons and Social</u>	Ætherial Lions End	
Sep 10–11	<u>Falling Leaves 2022</u>	Barony of Carolingia (Westford, MA)	
Sep 17	<u>Veisla Schola</u>	Barony of Concordia of the Snows (Scotia, NY)	
Sep 17	<u>Ducal Challenge</u>	Barony of Settmour Swamp (TBD, NJ)	
Sep 17	<u>Harvest Moon Shoot</u>	Province of Malagentia (Southern, ME)	 
Sep 21	<u>Østgarðr Commons</u>	Ætherial Østgarðr	
Sep 23–25	<u>To River War or Not to River War</u>	Barony of Iron Bog (Mullica Hill, NJ)	  
Oct 6	<u>Whyt Whey Commons</u>	Ætherial Whyt Whey	
Oct 8	<u>Harts and Horns</u>	Shire of Hartshorn-dale (Douglass, PA)	 
Oct 14	<u>Lions End Commons and Social</u>	Ætherial Lions End	
Oct 19	<u>Østgarðr Commons</u>	Ætherial Østgarðr	

Oct 21–23	<u>Goat's Inn: Winter is Coming...Again</u>	Crown Province of Østgarðr (Peekskill, NY)	
Nov 11	<u>Lions End Commons and Social</u>	Ætherial Lions End	
Nov 12	<u>St. Elegius Arts & Sciences Competition</u>	Barony of Dragonship Haven (New Haven, CT)	
Nov 16	<u>Østgarðr Commons</u>	Ætherial Østgarðr	
Nov 19	<u>100 Minutes War XXXII</u>	Shire of Rusted Woodlands (Sparta, NJ)	
Mar 11, 2023	<u>Thélème at Penn Returns</u>	Bailiwick of Ivyeirust (Philadelphia, PA)	
Jun 23–25, 2023	<u>Return to Vineland Raids</u>	Barony of Smoking Rocks (Yarmouth Port, MA)	

You and your friends, hanging out at events:



Jehan de Grise, c. 1338–1410, Oxford, Bodleian Library MS. Bodl. 264 (detail) ([Source](#))

Ars & Schola

Contact your [Minister of Arts and Sciences](#) for information on upcoming workshops and events, including the weekly [Whyt Whey Saturday Night Solar](#).

Dong Po Rou (Red Braised Pork Belly)

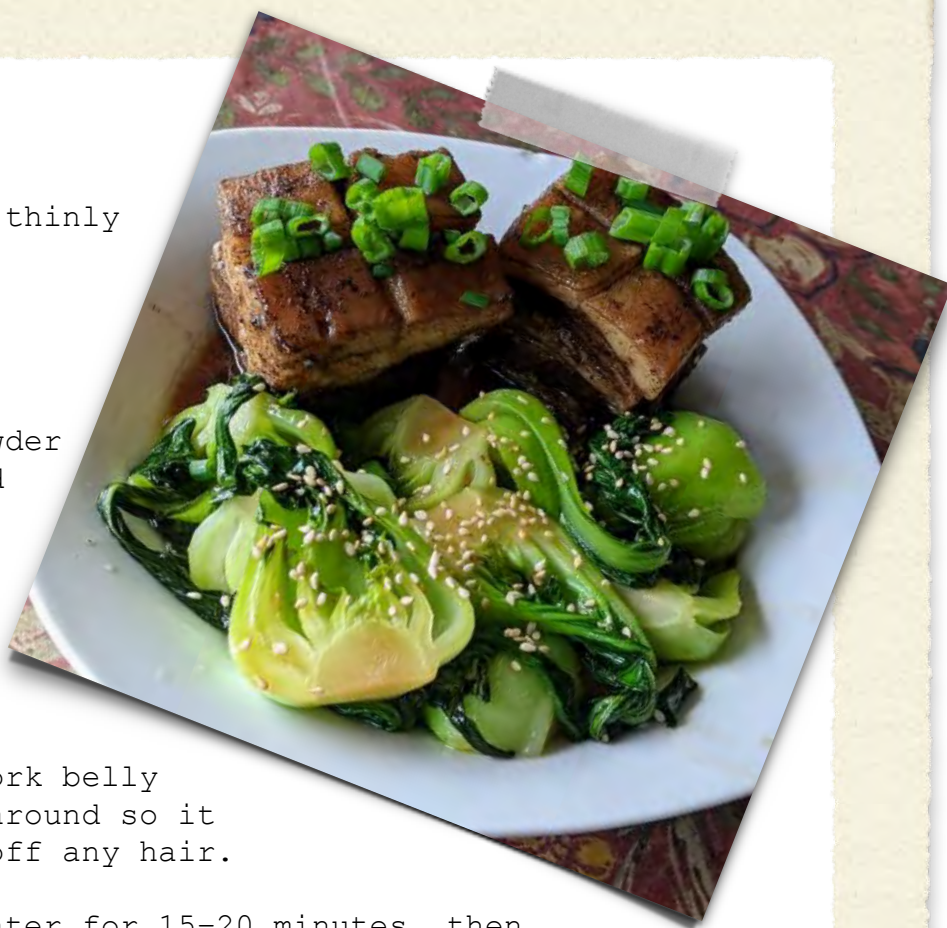
▼ A delicious recipe by Nagashima "Uji" Ichiro Ujimichi from the Chinese Song Dynasty (960–1279).

Ingredients

2 lbs. Pork Belly
Thumb of Fresh Ginger, thinly sliced
1 Bunch Scallions
10 oz. Shaoxing Wine
3 T Light Soy Sauce
2 T Dark Soy Sauce
1 T Chinese 5-Spice Powder
(My addition. You could also use whole spices)
1/4 c Rock Sugar (can substitute white sugar)
Water to cover

Method

1. Sear skin side of pork belly in hot pan, moving it around so it doesn't stick to burn off any hair.
2. Blanch in boiling water for 15-20 minutes, then remove to a cold water bath. Scrape skin with knife to remove any dirt, singed hairs, etc.
3. Cut pork belly into 2 inch squares and score through skin.
3. Line bottom of pot with scallions, then place sliced ginger on top of them. Place pork belly skin-side down and add the remaining ingredients.
4. Simmer 1 hour. Then carefully turn pork belly skin-side up.





Block Printing Practicum

with Lady Angelica di Nova Lipa

Held at LionsEnd Spring Schola, May 14, 2022

The class gave hands-on experience with block printing fabric for garb and decor. At War of the Roses, Lady Angelica presented HRM Rani Indrakshi Aani Aravinda with 60 favors!

Missed the workshop? No worries! You can still access the workshop notes [here](#).



Are you working on something amazing? Let your Chronicler know! Even if it isn't quite finished yet—you never know who you'll inspire.

Vyllage Square

Welcome to the Vyllage Square: your space to chat about what's new (or old—we are the SCA), cool, exciting, funny, intriguing, thought-provoking, puzzling...anything you think other people in the Province should know. Have something to say? Share it with your [Chronicler](#)!

Viceregal Acceptance Letter

To the Populace of the Crown Province of Østgarðr, Greetings!

On April the Twenty-Third at Balfar's Challenge in the Barony of Dragonship Haven, Their Majesties Ryouko'jin, Demon King of the East, and the Most Esteemed Rani Indrakshi Aani Aravinda announced that we, The Honorable Lady Angelica di Nova Lipa, and Maestra Sofya Gianetta di Trieste, have been chosen, by populace poll, and confirmed by Their Majesties, as the Heirs to succeed Il-Kha'an Suuder Saran and Il-Khatun Lada Monguligin this coming September 3rd, at Barleycorn, A.S. LVII.

We approach the Viceregency as an honor which we humbly accept, and as a challenge to carry forward the stewardship of our splendid Province.

Thanks are owed to Seneschal Nagashima Ichiro Ujimichi and all who managed the polling process. Thank you to the individual Østgarðrians who voiced to us their concerns and ideas for solutions, which were instrumental in the development of our platform.

We thank the other candidates, Alienor Salton, Mathghamhain Ua Ruadháin, Ragnarr Bliskegg and Albrecht Anker, not only for their willingness to serve, but also for offering their own innovative visions and suggestions for Østgarðr, ideas and strategies we look forward to integrating into Østgarðr's future.

Finally, thank you. Thank you for your faith in our vision. Thank you for the opportunity to work side by side with each of you to maintain and enrich our SCAdian lives and experiences.

Yours in Service,

Angelica and Sofya

Sofya Gianetta di Trieste (left) and
Angelica di Nova Lipa (right)



Update to COVID Policies

As of May 31, 2022, policies regarding COVID-19 for East Kingdom were updated. You can read the full policy [here](#). These policies are in effect for all official SCA gatherings including meetings, practices, and events.

Notes from Østgarðr Camp Pennsic Meeting

For those who are planning on attending Pennsic AND camping with Østgarðr!

1. Introductions — Østgarðr camp family!
2. Registration: Online deadline **June 16**. Choose Østgarðr as camp. (Un-paid pre-reg doesn't count!)
3. Encampment:
 - Shared amenities: green & white, the Piglet/Math kitchen, common space
 - Land Agent: Charlie/Brandr. Camp Master: Norana/Arnora
4. Camp projects/amenities: Camp fees: est'd \$20 — tbd next meeting. Cover things like:
 - Shower: Might have working heater? tbd
 - Shared trailer
 - Camp kitchen (NEW!)
5. Camp Activities!
 - Thursday of War Week: Østgarðr Potluck followed by Court, Celebration of Life
 - Game Night?? Magic night??? Birthdays/milestones makeup celebrations?????
 - Reach out to Suuder/Lada about any other ideas for camp activities
6. THANK YOU ARNORA

NEXT MEETING JUNE 15



"Treesplitter" Strikes Again

Suuder "Treesplitter" Saran Il-Kahan earns his nickname once again at War of the Roses last weekend, by splitting his own arrows in archery contest. Also pictured, right: during downtime, the Viceregent considers diversifying the viceregal herd.



Herein Listed are the Officers of Østgarðr:

Viceroy	Il-Kha'an Suuder Saran	Archery Marshal	Lady Arnbjorg 'Helga' Níalsdóttir
Vicereine	Il-Khatun Lada Monguligin	Fencing Marshal	Lord Alexander MacLachlan
Seneschal	Lord Nagashima Ichiro Ujimichi	Youth Marshal	
Exchequer	Lord Francisco de Braga	Minister of Lists	Lady Marion of York
Herald	Dama Drasma Dragomira	Webminister	Lord Friderich Grimme
Châtelaine	Lord Albrecht Anker (acting)	Chronicler	Lady Zahra al-Andaluzia
Chancellor Minor	Lady Kunigunde Weidemann	Chamberlain	Baron Ian of Clan Mitchell
Minister of Arts & Sciences	Randve L'il Hammar	Historian	Mistress Sofya Gianetta di Trieste
Knight Marshal	Lord Ervald LaCoudre Edwardson the Optimistic	Social Media Coordinator	Lord Albrecht Anker

Seneschal of Brokenbridge	Lord Ragnarr Bláskegg
Seneschal of Whyl Whey	Hlafdige Alienor Salton, ka Piglet
Seneschal of Lions' End	Iola Wulfsdotter

Herein Listed are the Provincial Champions of Østgarðr:

Armored Combat	Baron Pádraig Ó Brádaig	Arts and Sciences	Lord Ragnarr Bláskegg
Fencing	Laird Leo MacCullan	Bardic	Lady Evelyn de Trees
Archery	Marin il Gondolier	Youth Combat	Finnbjorn Ægirson
Thrown Weapons	Lady Raymonda the Second		

